

SIGNPOST

The Owmbly Group of Parishes Magazine

Volume 23

April 2014

Issue 1

During the months of April and May we will be joined by a Swedish priest in our parishes. We have invited Gunnar Kvist to pen some words by way of an introduction to us, and we hope that you will enjoy meeting him and welcoming him in due course. Gunnar's intro is on page 5



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An illustration of a chimney sweep wearing a top hat and a long coat, sweeping a chimney with a long brush. The text "Chimney Sweep From £25" is written in a large, bold, sans-serif font. Below this, the text "Phone David 01673 878450" is written in a smaller, bold, sans-serif font.

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FROM THE PARISH PRIEST

Dear All,

I write these words after the third of our Lenten Walks, a series of walks around our parishes organised in the hope that we might do something a little bit different during this Lent: that is, to take the opportunity to do something creative and worthwhile together, sharing in conversation and observation, walking and learning and perhaps even discerning while celebrating the beautiful local environment in which we live and share.

I owe a huge thank you to Gerry Brent, who has been so helpful in the careful planning of our walks, and to all who have supported this venture in so many ways. As you read these words we have further walks planned (on the 6th of April we head from Scampton to South Carlton and on the following Sunday we follow a circular route taking in Scampton and Aisthorpe) and it is my hope that at their conclusion we will have experienced Lent in a way that is a little different to the traditional - though worthy - disciplines of giving up the likes of chocolate, alcohol, etc.

Alongside our Lenten Walks I have been reading and enjoying Barefoot Prayers, a delightful book by Stephen Cherry (Director of Ministerial Development and Parish Support in the Diocese of Durham) that offers a series of thoughts and reflections for Lent and Easter. As we have set out around the parishes with walking boots on I have loved this image of barefoot prayers, putting one's feet on the ground while being open to God's voice. It is a book of encouragement and wisdom, poetry and grace, challenge and faith, busyness and great peace. And it is my hope that as we recall the events of Palm Sunday, move into Holy Week and draw closer to the great celebration of Easter that we might encounter God in new ways, ways that might move and inspire us.

Please do feel encouraged to attend the various events and services that have been planned for this special time of year. All are most welcome, no matter whether for you it might be for the first time, a repeat visit or we see you on a regular basis. We offer an opportunity to gather in community and to sense God's presence.

To close, Stephen Cherry has very kindly allowed me to share some of his work with you, and so I have chosen one of his works that we are encouraged to read after Easter as we celebrate the resurrection of Jesus Christ:

Amen

Amen:

I have never started a prayer with that word before. Yet it is right.

Amen:

This one-word sentence says enough.

Amen:

Acceptance. Gratitude. Joy, perhaps.

Amen:

Pause for breath. Look up. Take another step.

Amen:

Desire expressed. Longing left. Hands open.

Amen:

Request for answer. End of me. Over to you.

With my prayers and best wishes to you all

Adrian Smith

THIS MONTH'S OWMBY GROUP CHURCH SERVICES

Day	Time	Service	Place	By
Thursday 3rd	9:30 a.m.	Holy Communion	Owmby	JH
Sunday 6th <i>5th of Lent</i>	9:30 a.m.	Holy Communion	Glentham	AS
	11:00 a.m.	Holy Communion	Spridlington	AS
	6:00 p.m.	Evening Prayer	Owmby	AS
Thursday 10th	9:30 a.m.	Holy Communion	Spridlington	AS
Sunday 13th <i>Palm Sunday</i>	8:30 a.m.	Holy Communion	Spridlington	ST
	9:30 a.m.	Holy Communion	Hackthorn	JD
	6:00 p.m.	Evening Prayer	Glentham	LH
Tuesday 15th	7:00 p.m.	Reflective Service	Glentham	ST
Thursday 17th <i>Maundy Thursday</i>	7:00 p.m.	Holy Communion	Owmby	AS/ST
Friday 18th <i>Good Friday</i>	2:00 p.m.	Last Hour Service	Spridlington	ST/GK
Sunday 20th <i>Easter Day</i>	5:00 a.m.	Easter Vigil	Saxby	AS/ST
	8:30 a.m.	Holy Communion	Glentham	ST
	9:30 a.m.	Holy Communion	Owmby	JD
	11:00 a.m.	Family Service	Hackthorn	AS
Wednesday 23rd	4:30 p.m.	No Evening Prayer this week		
Thursday 24th	9:30 a.m.	No service this week		
Sunday 27th <i>2nd of Easter</i>	<u>9:30 a.m.</u>	<u>Morning Prayer</u>	Hackthorn	SD
	9:30 a.m.	Holy Communion	Saxby	GK
	11:00 a.m.	Family Service	Owmby	AS

A listing of Sunday Services in the Springline Parish can be found on page 37

GLENTHAM METHODIST CHAPEL

Sunday 6th	10:45 a.m.	Family Church	Gordon Dixon
Sunday 13th	6:00 p.m.		Rev Anne Coates
Sunday 20th	10:45 a.m.	Messy Church	
Sunday 27th	8:45 a.m.	Breakfast - 9:30 a.m. Service	Peter Atkinson

DAILY CHURCH SERVICES

Monday	8:30 a.m.	Morning Prayer	Brattleby
Tuesday	8:30 a.m.	Morning Prayer	Burton
	9:30 a.m.	Morning Prayer	Spridlington
	12:15 p.m.	Eucharist	Scampton
Wednesday	4:30 p.m.	Evening Prayer	Hackthorn
Friday	4:00 p.m.	Evening Prayer	Spridlington
Saturday	8:30 a.m.	Morning Prayer	Burton

BISHOP OF LINCOLN'S LETTER

Dear friends,

As I write, many of you will currently be attending Lent groups as part of the diocesan lent course this year, entitled 'Faith at Work'.

'Faith at Work' is a clever title: it encapsulates our calling to live out our faith in whatever context we find ourselves - at work, home, school, church, etc. - and it also reminds us that faith itself is constantly 'at work' within us. As we go through life, each one of us is living out our calling to be a disciple of Jesus wherever God has set us. Thus our faith is informed by our life's journey. But the converse is also true: that journey as the people of God is informed by our faith, and so we can truly say that our faith is 'at work' within us.

While this holds true throughout our lives, Easter brings it into sharp relief. The desolation of Good Friday and the absolute finality that it suggests are so enormous that they can leave us feeling cut off and adrift. A fissure is created, a gap opened up between what we thought we knew to be true and the place in which we now find ourselves.

It is when that kind of disjuncture happens that our faith really gets to work within us as we ask the questions about where the journey of faith is taking us, and what it is asking of each one of us.

No other event in the Christian story asks this of us in the demanding way that we encounter in the raw power of the Easter story - and no other event shows the extent of God's love for us as the gift of the death and resurrection of Jesus at Easter.

May God bless you and all those you love this Eastertide.

+Christopher Lincoln:

FROM THE REGISTERS

Baptisms:

Ingham on 23 February 2014 - Edmund Markham (known as Ted)

Funerals and Burials:

Funeral at Lincoln Crematorium on 4 March 2014 - Alec Humphrey

Service of Thanksgiving at Fillingham on 13 March 2014 - Barbara Carter

Funeral at Owmbly and burial at Normanby Cemetery on 17 March 2014 - Allan Anderson



RAINBOW FELLOWSHIP

For residents of the Owmbly Group of Parishes

By kind permission of Arlene Morrish

The Cottage, Main Street, Normanby

Monday April 7th at 2:00 p.m.

Lynn Fairhead

"Making Cards"

PRE-BOOKING IS ESSENTIAL



**The latest date for entries to the May Signpost
is Tuesday the 15th of April at 6:00 p.m.**

My name is Gunnar Kvist and I am a minister in the Church of Sweden. Ever since I was a child I have been interested in England and later on also in the Church of England.

I live together with my family in the middle of Sweden, by the coast. In fact we live on an island, Alnö, the population is around 8000 people. My wife Kristina and I have two children, Alicia (18) and Adrian (13).

Since my ordination in 1989 I have been working in the diocese of Härnösand, mostly in rural parishes. Except for 2003-2006 when I and my family lived in Vienna, Austria, and I had a position as vicar in the Church of Sweden abroad. I now am a Team vicar in the parish of Alnö, being one of three clergy.

My interest in England, I believe, comes from my father who was a teacher of English and our trips to England when I was a child. Now I like to bring my family to England, we have for example hired a narrow boat twice. Last time was on the Ashby canal near Rugby, a lovely way to spend a holiday. Even though my wife and daughter don't want to leave England without a day or two in London...

I am interested in architecture and music i.e. Rachmaninoff. And of course in England, I do appreciate the countryside, canal boating, afternoon tea, public footpaths, English hymns, Downton Abbey...

In June this year I have been a minister for 25 years, and I thought it would be nice to spend some time in England in a clergy exchange/sabbatical. Thanks to the Diocese of Lincoln and The Reverend Adrian Smith with the Owmbly Group and the Parish of Springline it now seems possible and I much look forward to meet with you in April.



Gunnar Kvist

Help LIVES to save lives

LIVES (Lincolnshire Integrated Voluntary Emergency Service) wants to make sure that any person who becomes acutely unwell or injured in the Spridlington Group area (Glentham, Normanby, Owmbly, Saxby & Spridlington) will receive rapid emergency care within 6 minutes of dialling 999. LIVES First Responders are specially trained volunteers and are often the first on the scene following a 999 call. They attended over 14,000 999 calls last year, saving almost 250 lives in Lincolnshire. LI Responder Volunteers to help with their life-saving service in the Spridlington area. Any person over 18, with a car, in good health and living locally can be trained to provide basic life support, relatively simple skills that do save lives.

First Responders work in partnership with EMAS (East Midlands Ambulance Service), with two dedicated LIVES desks at ambulance control. When a 999 call comes in, the controller contacts the nearest on-call LIVES Responder, who is usually able to arrive at the scene within five to six minutes of the call. Those first few minutes before or during an emergency such as a stroke or heart attack are critical for someone's recovery or even survival.

Could you help this community?



For more information please call LIVES HQ on 01507 525999

LINCOLN FOODBANK

Lincoln Foodbank and Community Larder provided nearly 50,000 meals to people last year. They have a development ethos in that after supplying people with food on three occasions they require 'clients' to undergo an assessment to see what other help can be given, such as debt counselling and a money management course plus other assistance. Often clients are people in work but with insufficient income, and there are reports of families not using heating because of the cost. As a result, the Foodbank is trying to supply 'kettle' products - these are foods that only need basic heating, such as adding hot water. They include instant mash, crackers, cereals, nuts, tinned pulses, instant porridge, tinned meat and fish, rice pudding, instant custard, tinned fruit, meat pastes and peanut butter. Of course they will also take any non-perishable food.

During Lent there has been a box in each church in which such foods could be donated. We are now hoping to extend this after Lent and so we are looking for a location in each village where a box can be placed for the foods to go in. More information will be provided in next month's Signpost.



Welton & District

The Royal British Legion

Caring and campaigning for the serving and ex-Service community



Coffee Morning

On **Thursday, 15th May 2014**
from 10:00 a.m. to 11:30 a.m.
in The Methodist Chapel Schoolroom, Welton

Coffee and Biscuits - £1.00

Cakes, plants & produce will be on sale and a raffle will be held of donated prizes.

Everyone is Welcome - Please Join Us

THE THAMES PATH FROM END TO END

Some of you may know that I was diagnosed with Cancer in December 2009.

Because of the work of Cancer Research UK, people like me are living longer, far longer than could have been hoped for even ten years ago. I have been so fortunate and would like to give something back.

So, to that end, I am **walking The Thames** from its source in **Kemble in Gloucestershire** to the **Thames Barrier in London** in aid of **Cancer Research**.

I depart from Kemble on 28th April and (if I survive the experience) arrive in London on 10th May.

I have set up a Just Giving page that can be found at www.justgiving.com/DianaBurrows and I hope that as many of you as possible will feel able to support me in this by making a donation. For those who do not have access to the internet, donations can be sent to *Mrs Judith Goodchild, Toledo, Faldingworth Road, Spridlington* who has kindly agreed to act as Treasurer for me so that I do not have to worry about the money and can concentrate on the walking.

Thank you all for your support.

Diana Burrows

You can't change how people treat you or what they say about you.
All you can do is change how you react to it.

THANK YOU

WOMEN'S WORLD DAY OF PRAYER 2014

Thank you to all who came and took part in the Women's World Day of Prayer Service this year, hosted by St Peter's Church, Glenthams and led by Rev Sally Turnbull.

The service had been prepared by Christian women of Egypt and during the service we were introduced to 4 women of Egypt and led to the desert, to the encounter of Jesus with the woman at the well in Samaria. Instead of inviting a speaker to give an address, Sally led us in a quiet time of personal reflection, inviting us to call to mind an occasion when we had experienced 'being in the desert' either physically, emotionally or spiritually, to recount where God was in that experience and to write words of encouragement on droplet shaped cards. It was a very peaceful and thought provoking service and the reflection time brought a welcomed new dimension to the service.

Thank you Sally for leading us in a beautiful service. Thank you too for the generosity of all who came and took part, the offering of £96.00 was given for the work of the Women's World Day of Prayer Committee.

THOUGHT FOR THE MONTH

THE SHOEBOX

A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.

For all of these years, he had never thought about the box, but one day the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside. She agreed that it was time that he should know what was in the box. When he opened it, he found two knitted dolls and a stack of money amounting to £42,000.

He asked her about the contents.

"When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and knit a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said, "that's the money I got from selling the dolls I made."

A Prayer

Dear Lord,
I pray for Wisdom to understand my man;
Love to forgive him;
And Patience for his moods;
Because Lord, if I pray for Strength,
I'll beat him to death,
Because I don't have the time to knit.

HACKTHORN & COLD HANWORTH

HACKTHORN & COLD HANWORTH PARISH COUNCIL NEWS

Dog bins - two dog bins have been placed in the village by WLDC. A further bin may be placed at a later date, if the budget will allow.

Post box legend - after repeated correspondence with Royal Mail, this is now in place.

Fly tipping - several cases of fly-tipping had been reported to WLDC, these were rectified promptly.

Police matters - theft of heating oil from a property on Main Street, Hackthorn.

Highways

a) Western Power - a meeting was held with a representative of Western Power to discuss the grass verges along Beck Lane. It was agreed that during the spring months the areas in question would be reseeded to return them to their original state.

b) Signposts at A15 junction - these have been reported and are being dealt with by Highways Agency.

c) Wooden fence at crossroads - this has been reported to Highways Dept for repairs.

War Memorial - quotes had been obtained for the restoration of the War Memorial. Members accepted the quote from BH Memorials to carry out the work. The work was completed during March.

Telephone Kiosk - Members of the Council would like your views on how you would like to see the kiosk used. Suggestions have included - a noticeboard, housing of a defibrillator or a book exchange. If you have any suggestions, please email or phone the Clerk.

The next meeting of the Parish Council will be Thursday **17th April** at 7.30pm in Hackthorn Village Hall.

Maria Wass

Clerk to Parish Council

mariawass@live.co.uk 01673 861847



HACKTHORN & COLD HANWORTH LOCAL HISTORY GROUP

OPEN MEETING

Thursday 24th April at 7:30 p.m.

Hackthorn Village Hall

Judy Theobald, BBC Radio Lincolnshire Presenter,
will give a presentation entitled

Life in Lincolnshire

Entrance £2 to include refreshments.

Anyone interested in the history of the area will be very welcome.

If you have an article, story or event concerning Hackthorn you feel would be of interest to our readers, please email your submission to hackthorn@owmbygroup.co.uk

HACKTHORN C. OF E. PRIMARY SCHOOL

Sometime during the Christmas holidays Mr Oyston got to hear about knitting for 'Chip Paper Babies'. It seems that in parts of Africa babies are being born to parents in such extreme poverty that their mothers take them home from hospital wrapped in old scraps of newspaper. Someone over here had heard about their plight and had devised some simple knitting patterns for woolly hats and vests to keep these poor babies warm.

Mr O thought that this might make a good follow-up project for everyone who contributed so enthusiastically to the enormous blanket that was put together from knitted squares a couple of years ago, so he mentioned it in assembly one Friday at the start of term. After a little more research we became aware that this project had been going for a while and it wasn't clear whether anyone was still accepting contributions to send to Africa, so we didn't push the idea any further. Luckily Mr O found a lady who lived near to him who was still collecting these items to send on to Africa, because, at the last count, the pile of vest and hat sets had grown to 63 - slightly more than the number of pupils in our school!

Our Year 5 pupils would like to thank William Farr School for inviting them to see the production of Joseph last term. They had a fantastic time and the experience gave them all inspiration to make their own production something special - about which more next time.

Straight after the Easter break we will be taking the whole school to Gainsborough for the annual Friday swimming sessions. Not only is swimming and essential life skill (maybe even life-saving) but having the whole school take part at once teaches everyone about teamwork and looking after each other when going out and about.

Have a look at www.hackthorn.lincs.sch.uk to keep up to date with other news. You can contact the school on 01673 860295 to arrange a visit or to request a School Brochure

Hackthorn Village Hall

SPRING FAYRE

Saturday 12 April 2014

10.00am - 2.00pm

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If you are interested in running your own Stall or Table-Top,

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All in aid of the Village Hall Refurbishments

THANK YOU

HACKTHORN & COLD HANWORTH

VILLAGE HALL RENOVATIONS CONTINUE!

The entrance lobby and foyer have been transformed!

An intrepid band of volunteers of all ages set to on 1st and 2nd March to paint the entrance lobby and foyer of the Village Hall. With enthusiasm, and fortified with bacon sandwiches, rolls and copious amounts of tea and coffee, walls, windows and doors have been painted and the whole area looks wonderful.

A MASSIVE thank you to everyone who gave their time and energy. It could not have happened without you.

Also...a huge thank you to everyone who has attended the fundraising events that have been taking place and are making the renovations possible. There are more events and more renovations planned, so please keep supporting whenever you can. Many thanks.

The village hall is available to hire for children's parties and for all your special events.

Visit the website at www.hackthornvillagehall.co.uk

or telephone Cathy Andrews on 01673 861058

**The latest date for entries to the May Signpost
is Tuesday the 15th of April at 6:00 p.m.**

**Come and support a joint fundraising event for the
Friends of Hackthorn School
& Hackthorn & Cold Hanworth Village Hall**

Mel Oyston & Co

Are performing at

Hackthorn & Cold Hanworth Village Hall

on

Saturday 17 May 2014

Doors Open 7:30pm

A fantastic evening of popular music with something for everyone
Anything from Abba to AC-DC

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SPRIDLINGTON

COFFEE MORNING

Wednesday 16th April at 10:30 a.m.
Paddock House, Owmbly Road, Spridlington
 Hosted by Penny Barton
 Raffle - Bring and Buy Stall
 Proceeds for St Hilary's Church Funds
 All Welcome



If you have an article, event or story concerning Spridlington, please call Diana Burrows on 01673 861363 or email your submission to spridlington@owmblygroup.co.uk



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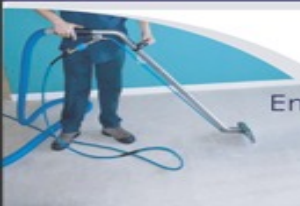
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NORMANBY & OWMBY

St. Peter & St. Paul Church COFFEE MORNING

Thursday 3rd April at 10:30 a.m.
The Berries, Church Lane, Owmbly

By kind permission of
Keith and Liz Harris

Everyone welcome



theWI

Owmbly & Normanby WI

Thursday, 3rd April, at 7:30pm
Normanby Primary School Hall

ANNUAL GENERAL MEETING

EVERYONE WELCOME TO ATTEND

We look forward to seeing you all - and welcome new members.

If you have an article, story or event concerning Owmbly or Normanby, please contact Avril on 01673 878393 or email your submission to normanby@owmblygroup.co.uk



Whist Drive Results

1st Lady	Marlene James	2nd Lady	Anne Turnbull
1st Gent	Avril Harrison	2nd Gent	Jean Cowperthwaite
Low Score	Shirley James Liz Barry	Near Score	Jean Cowperthwaite Rita Cottingham
Miniature	Brian James Valerie Anderson	Raffle	Liz Barry Marlene James

Anyone wishing to join us at the next Whist Drive, it will be held at the home of
Richard Harrison, Saxom, Owmbly on Wednesday 2nd April at 7:30pm
We are always pleased to see new faces, and it is always a very light-hearted evening.

OWMBY PCC MONTHLY DRAW - February 2014

1st	2nd	3rd
Helen Blackwell	Shirley James	Sally Mundy

PLEASE NOTE ANNUAL SUBSCRIPTION FOR THE CHURCH MONTHLY
DRAW IS DUE THIS MONTH - ONE NUMBER FOR £12
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GLENTHAM & CAENBY

GLENTHAM PARISH COUNCIL NEWS

NOTES ON COUNCIL MEETING HELD ON 6th MARCH 2014

Parish plan The current plan is being updated for the next five years. The Council hopes to involve as many people as possible in this revision so that it is relevant to all sectors of the electorate and children. Expert guidance will be given at the April meeting of the Parish Council by a representative of Community Lincs, who helped financially with the original plan, and an invitation is open to everyone in the community who would like to find out more

Mains gas supply Work continues in building an application for piping mains gas into the village. As mentioned before, we need a good proportion of the households to make a case to the national grid company. A form is being circulated asking for permission to use your name in the presentation; please complete and return it as requested as soon as you can. There is no commitment involved at this stage

Defibrillator Councillor Sarah Shaw has been organising quiz nights in conjunction with the Crown Inn, and so far has raised £437, which is almost halfway to the target. Prizes have been generously donated, making the evenings enjoyable and beneficial. A warm welcome is waiting for everyone, especially if you have a good memory for trivia and general knowledge!

Children's playground More work has been carried out by the provider of certain play items which had become unusable due to wood rot. All of this has been done under guarantee, and hasn't cost the parish anything. Further work is envisaged on the Timber Tug Boat

Precept For the fourth year in a row the Council has maintained its precept at £5891. This has been achieved through careful budgeting and expenditure, and also by researching available grants. The Council is proud to be able to show prudence in this time of austerity

Vacancy At the time of writing, a vacancy exists for a Councillor; please contact any Councillor or the Clerk if you are interested in making a difference to your community.

Dates of next meetings

The next meetings will be held on 3rd April and 8th May (AGM) at 7.30pm in Glentham Village Hall. You are welcome to come and observe or to have your say.

Parish Council contact details

The Councillors:-

Mike Neumann (Chairman)

Alan Lakeman

Adam Shaw

Ian Pilcher

Sarah Shaw

Martin Kuhl

The Councillors can be contacted via the Parish Clerk, as follows:-

Jeff Reynolds, Lark Rise, 5A Beck Hill, Tealby, Market Rasen LN8 3XS

Tel: 01673 838571

Email: gpclarkrise@btinternet.com

LOCAL BUS TIMETABLE

Gainsborough to Market Rasen Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Gainsborough Bus Station	0740	1450
Glentham	0805	1515
Market Rasen Market Place	0820	1530

Market Rasen to Gainsborough Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Market Rasen Market Place	0845	1553
Glentham	0900	1608
Gainsborough Bus Station	0920	1628



St Peter's Guild

COFFEE MORNING

Tuesday 15th April at 10:30 a.m.

Gibbet Farm, Highgate Lane, Normanby

By kind invitation of Ann & Howard Turnbull

All Welcome



Glentham Village Hall

COFFEE MORNINGS

Wednesdays 10:00 - 11:30 a.m.

April 2nd, 9th, 16th, 23rd & 30th

All welcome

Proceeds to Village Hall Funds

TUESDAY QUIZ NIGHTS

Glentham Community are raising funds to buy
a defibrillator to be available to all the community.

Take part in a fun quiz with prizes at the Crown Inn Glentham
At 8:00pm on Tuesdays 8th & 22nd April and 6th May.

Prizes kindly donated by
The Crown Inn, Glentham Store and The Willows Garden Centre



ROSE BOWL QUIZ

Thursday 17th April

7:30 p.m.

Glentham Village Hall

A just-for-fun quiz to raise funds for the village hall.

Bring your own drinks. Light supper provided.

GLENTHAM & CAENBY TAPESTRY GROUP

The next group meeting will be on
 Tuesday 1st April at 7.30 p.m.
 The Trap House, Glentham
 All old and new members are welcome.

GLENTHAM 55+ CLUB

55+

Monday 14th April, 12:00 p.m.
Glentham Village Hall

55+

Non-members would be very welcome

PRESENCE PRAYER AND BIBLE STUDY GROUP

Inter-denominational - Praying for our Communities

Thursday 3rd (Lent Course), 10th (Lent Course) & 24th (Lye Course) at 7:00 p.m.
 at Tilsit, Bishop Norton Road, Glentham.
 Contact Jenny or Peter on 01673 878806

If you have an article or story concerning Glentham, please contact Margaret Cromack on 01673 876242 - or email your submission to her at glentham@owmbygroup.co.uk

'The Crown' at Glentham Men's Breakfast

Roy has agreed to serve breakfast on
Saturday 12 April at 9:00 a.m.



An opportunity for men to meet and chat over a delicious full English breakfast!
 Please Phone Peter Atkinson on 01673 878806 to reserve a place
 Organised by Glentham Methodist Chapel

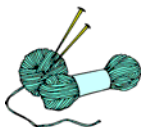
KNIT & KNATTER

Tuesdays 1st & 15th April 2:00p.m. - 4:00p.m.

Glentham Village Hall

Come & have a cuppa & a chat while doing
 your needlecraft or learning new crafts.

Everyone Welcome



**FREE
HOT DRINK**
1 per voucher
photocopies not accepted please present to till

SP APRIL

The Willows

Garden Centre - Cafe - Deli



Join us for our
1st Anniversary Celebrations!
Easter Monday 21st April

Free Birthday Cake with every drink purchased.
Peppa Pig, Face Painting etc, the fun starts from 10am
Carvery from 12 til 3pm.

Illustrated talk on
Landscape Design by Stephen Welch
Tuesday 29th April at 10.30am

Tickets only £12.50 which includes coffee & buffet lunch.
In Aid of Lindsey Lodge Hospice, Scunthorpe.
Guaranteed to entertain you! Call now to book tickets.



**ALIVE & DIGGING
GARDENING CLUB**
24th April - 'Lawn Care'
From 2pm - Book your place now!

SUNDAY CARVERY
12 TIL 3PM
£7.95 adult & £4.95 children

Large selection of Grow Your Own vegetables and herbs

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Glentham 'Jolly'

Come and have a Fun Evening of Song and Rhyme
by members of the Community
At Glentham Village Hall
On Thursday 24th April at 7:30pm
Proceeds to the
Glentham Defibrillator Fund

GLENTHAM & DISTRICT GARDENERS' CLUB

Yearly Membership is only £3 per person

Which entitles you to receive the following discounts:

Brigg Garden Centre, Tower Nurseries at Hemswell Cliff, Fail Gardens Plant Centre in Kirton Lindsey.

We Meet in Glentham Village Hall at 7.30pm

On the **second Tuesday** of the month

If you would like to join please come to the next meeting on

Tuesday 8th April

Where **Sue Stephenson** will present a talk entitled

Shady Beds

Non-members are welcome

£2 per person - Including refreshments



**Come and join us at a self-help Computer Group
where we share knowledge such as:**



***How to sort photographs
How to create a calendar
How to create address labels
Making posters***

**Tuesday 8th & 22nd April
2 – 4 pm**

**Glenthams Village Hall
£1.50 per week**

**Everyone welcome
Enquiries to Margaret 07711 112171**

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**Glenthams Village Hall
Sunday 27th April 2014
10am - 1pm**

Refreshments Available

**To book a Table ring Margaret
01673 876242 / 07711 112171**

**Tables cost
£5 pre-booked - £6 on the day**

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MONDAY 7:10pm - 7:30pm - **ABS CLASS** - £1 ENTRY

MONDAY 7:30pm - 8:15pm - **CIRCUITS CLASS** - £3 ENTRY

WEDNESDAY 11:30am - 12:15pm - **MOVEMENT & FLEXIBILITY FOR THE OVER 40's** - £3 ENTRY

WEDNESDAY 7:10pm - 7:30pm - **ABS CLASS** - £1 ENTRY

WEDNESDAY 7:30pm - 8:15pm - **BOXERCISE** - £3 ENTRY

SUNDAY 9:30am - **BOOT CAMP**

(CONTACT TO BOOK AS BOOT CAMP RUNS OVER A 4 WEEK PERIOD)

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.....
Square One Productions

Present

“2 Glasses and a Bottle of Red”

by local writer Nikki Pontin

52 year old Penny is perfectly happy being alone, despite her divorced daughter Emma's best attempts to her up with everybody from Bill the Postman, to Phil, the Stock Replenishment Officer from Tesco's. However Penny is hiding a big secret.....

'2 Glasses & A Bottle of Red' is a compelling, funny and poignant portrayal of one woman balancing her past with her future. From running over her first love with her car to her encounter with Nursezilla, life is never simple for Penny.

A rollercoaster of emotions from start to finish, '2 Glasses & A Bottle of Red' holds a mirror up to life and will make the audience laugh and cry in a single breath. A wonderfully compelling piece of storytelling from SQUARE ONE Productions

Sat 5th April at 7:30 p.m.

Tickets £8.50 full / £7.50 Conc.

.....
Hambledon Productions

Present

“Just Like That!: The Tommy Cooper Show”

From the company that brought you Educating Rita comes a brand new celebration of one of Britain's best-loved comedians, in this stylish cabaret show commemorating 30 years since Tommy Cooper's demise.

Friday 25th April at 7:30pm

Tickets £8.50 full / £7.50 Conc.

.....
“Time is Money”

Lincolnshire's own Pink Floyd Tribute band.

An 8 piece set of aficionados playing classics from the mid sixties to latter days?

Friday 2nd May at 7:30pm

Tickets £8.50 full / £7.00 Conc.

**While every effort is made to ensure listings are both accurate and up-to-date,
 you should always confirm with the venue before attending an event.**

Concessions: OAPs, Students, under 16s, the unwaged, members of LRP

.....
Broadbent Theatre Youth Theatre Workshops

A few places available for young people aged 8 - 18yrs.

Sessions include drama, singing, dance, mime and technical instruction

Meetings are held every Tuesday from 7 - 9pm

Cost is £10 a year + £4 per session. (£5 a year & £3 per session for 2nd and each subsequent junior member of a family.) 1st Session free!

To book a place or for more information ring Clare on 07967 820175

WELTON HEALTH CENTRE NEWS

Shortly after the article in the newsletter was written last month NHS England advised that the automatic data extraction process (Care.data) was being suspended for at least six months and a consultation process would commence shortly about this to raise awareness and deal with some of the issues raised by the proposals.

As previously advised, we are reviewing the appointment system and having discussions with our patient group to consider all options and suggestions, including abolishing or limiting the days we offer open access surgery to increase bookable appointments. This week we are adding four additional bookable slots for each doctor working each morning and moving the present telephone consultations to later in the day. We are committed to improving our appointment system so please continue to let us have your views and bear with us whilst we consider what improvements we are able to make and sustain.

From April, in line with NHS directives, all patients over 75 years of age will be allocated a named GP. As yet, we have no clear guidance as to exactly what this means, but it is our intention to allow patients to continue having access to their choice of doctor, irrespective of this. We will be adding the details of the named GP on repeat prescription slips over the next few weeks.

We are very grateful to the PDA for the purchase of a screen for our waiting room which will enable us to show health promotional material, practice messages and information as well as acting as a calling - in facility. We have also reorganised the waiting room and hope that the many who have told us that they did not like sitting in 'theatre style' rows will be pleased with the new layout, the patient group have also purchased several new chairs for the waiting room and once again we are very grateful for these.

Sallie Stead

WELTON PATIENT AND DOCTORS ASSOCIATION

I'm sure that by the time you read this you will be aware that the PDA Spring lunch is being held on **Friday 25th April** in **Welton Village Hall** with doors opening at 11:45am. The menu is orange juice followed by Beef Pie seasonal veg and mashed potatoes. The desert will be either trifle or a choice of hot puddings with custard followed by tea or coffee and mints. Tickets priced £5.50 are now on sale and can be purchased from the Health Centre Dispensary or from Roy Minnitt (Welton 860980) tables can be reserved for parties of 6 or more. If you would like to attend but have no means of getting to the village hall please contact either Roy as above or myself on Welton 862570 and we will sort you out with some transport. If you haven't attended a PDA lunch before, please come along and give us your support. There will also be a raffle, cake stall and books for sale. Donations to any of these are welcome on the day.

I am informed that the magazines, purchased by the PDA for patients to read in the surgery, are still disappearing. Please put them back for others to enjoy once you have read them.

I have some dates for your diaries so please make a note and further details will be given nearer the time.

The PDA will be manning a plant stall at the Welton May Day, **Monday May 5th**, celebrations on the village green. If you have any plants which you would like to donate please give me a call (862570) to arrange collection or bring them along on the day.

Thursday 18th Sept - A photography event with an illustrated talk given by Clive Minnitt

Saturday 18th October - Autumn Fayre

Friday 5th December - Christmas Lunch

Janet Goddard

THE IMPORTANCE OF FLEXIBILITY!

I know! I know! I keep banging on about this. But it's really important.

I've been in the business of fitness and wellbeing for a good number of years now and I've become more and more aware that when my clients are not flexible it affects their lives on a day to day basis, even more than if they are unfit. Just think - if your joints are stiff, if you find it difficult to bend down to pick something up off the floor, if you can't kneel to tie up your shoes it makes your life that bit harder. And the nasty thing about being non-flexible is that it just gets worse. One year you can't kneel down, the next, you find it difficult to get up out of your arm chair. Then you can't get up the stairs. And finally you can't get about at all unless someone is there to assist you.

That's why our Movement and Flexibility programme is so revolutionary. We concentrate specifically on assisted stretching in order to increase mobility, make your joints more flexible and generally help you to become more "limber" in a safe and comfortable way.

And why are we doing it? What's so special about being flexible? Let me tell you again.

Over the last few months, we've been having staff training sessions with medical professionals and over and over again, they have said that the key to keeping young and active for anyone over the age of forty is to increase flexibility. I can't emphasise it enough. That's what's going to keep you mobile and injury free - and as you get older, prevent the need for hip and knee operations, mobility scooters, stair lifts, chairs that lift you out of your seat and my all-time favourite - the dog-bowl with a long handle so you don't have to bend down!

Now I know that most people reading this are years away from that but I came to realise that a good proportion of people in middle age or even younger suffer or have suffered from things like lower back problems (me included!). And that's when I realised that there should be a way of tackling those problems before you get to a crisis where the services of an osteopath, chiropractor or physiotherapist are needed.

Hence, the Movement and Flexibility programme was created where, as I said last month, "we do 90% of the work". And I am confident that people will find it a benefit, even more so after one of our medical advisors was shown the programme and signed up for it on the spot, so impressed was he.

So if you think you could do with being a bit more flexible, you've got stiff and aching joints or a bad back, why not give us a try.

See the advert in this magazine for details of our special introductory offer.

Best wishes

Tristan Lowe. Studio Manager. Wellbeing Fitness, 20 Carlton Mews, CARLTON CENTRE Outer Circle Road, Lincoln LN2 4FJ, 01522 525250, www.wellbeingfitness.co.uk, info@wellbeingfitnesslincoln.co.uk

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmbly Group web site.

**The latest date for entries to the May Signpost
is Tuesday the 15th of April at 6:00 p.m.**

Have you visited the Owmbly Group website?

<http://owmblygroup.co.uk>

Signpost Online - Including Back Issues

<http://owmblygroup.co.uk/signpost>

Your Neighbourhood Policing Team

PC 326 Martin DOHERTY - 07939 890958 - martin.doherty@lincs.pnn.police.uk

PCSO 2206 Julie MCFAUL - 07825 100397 - julie.mcfaul@lincs.pnn.police.uk

PCSO 2297 Angie RAPER - 07944 776999 - angie.raper@lincs.pnn.police.uk



One of your neighbourhood officers will be attending the Coffee Mornings / Police Surgeries below. We will be pleased to meet you and discuss any issues you may wish to raise. Alternatively please call 101.

Date	Location	Time
Tues 1st April	St Chads Church, Dunholme	9:45 a.m.
Tues 1st	Glentham Village Hall	10:00 a.m.
Mon 7th	Park View House, Welton	2:00 p.m.
Tues 8th	Willoughton Youth Club	6:00 p.m.
Thurs 17th	Hemswell Cliff Primary School	9:30 a.m.
Tues 22nd	RAF Scampton V Cafe	10:00 a.m.
Wed 30th	Bishop Norton Church	10:30 a.m.

Please be aware: On occasions there may be non-attendance due to unforeseen circumstances and unavoidable occurrences. Please accept our apologies should this happen.

To report a crime, please **call 101**. If it is **urgent**, please **call 999**. If you would like to pass information anonymously, please call **Crime Stoppers on 0800 555 111**.

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Ann 01673 818917 or Karen 01673 818798



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To have your product or service advertised in Signpost or on the website,
please contact Steve, the editor, for more details.

His telephone number is on the contacts page towards the back of this month's edition.

Full details are on the web site at <http://owmbygroup.co.uk/contact>

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Wellbeing Fitness, 20 Carlton Mews, CARLTON CENTRE Outer Circle Road, Lincoln LN2 4FJ

SPRINGLINE CHURCH SERVICES

Day	Time	Service	Place	By
Sunday 6th <i>5th of Lent</i>	9:30 a.m.	Holy Communion	Ingham	BW
	9:30 a.m.	Morning Prayer	Burton	JB
	10:15 a.m.	Family Service	Scampton	FST
	10:15 a.m.	Holy Communion (BCP)	South Carlton	JH
	6:00 p.m.	Evening Prayer	Brattleby	JH
Sunday 13th <i>Palm Sunday</i>	9:15 a.m.	Holy Communion	Cammeringham	AS/GK
	9:30 a.m.	Holy Communion	Burton	JH
	10:30 a.m.	Family Service	Ingham Church	FST
	10:30 a.m.	Morning Prayer	Brattleby	NH
	10:30 a.m.	Holy Communion (BCP)	North Carlton	ST
	11:00 a.m.	Holy Communion (BCP)	Fillingham	AS/GK
	6:00 p.m.	Evening Prayer	Scampton	BH
Tuesday 15th	7:00 p.m.	Reflective Service	Glenthams	ST
Thursday 17th <i>Maundy Thursday</i>	7:00 p.m.	Holy Communion	Ingham	JH
Friday 18th <i>Good Friday</i>	9:30 a.m.	Good Friday Service	Ingham Chapel	
	2:00 p.m.	Last Hour Service	Burton	AS/JH
Sunday 20th <i>Easter Day</i>	5:00 a.m.	Easter Vigil	Saxby	AS/ST
	9:15 a.m.	Holy Communion	Cammeringham	AS
	9:30 a.m.	Holy Communion	Scampton	RC
	9:30 a.m.	Holy Communion	Burton	JT
	10:15 a.m.	Holy Communion	South Carlton	JH/NH
	10:30 a.m.	Holy Communion	Ingham	BW
	11:00 a.m.	Holy Communion	Fillingham	GK
Sunday 27th <i>2nd of Easter</i>	9:30 a.m.	Holy Communion	Brattleby	ST
	9:30 a.m.	Holy Communion (BCP)	Burton	JH/JB
	10:30 a.m.	Holy Communion	Ingham Chapel	MS
	10:30 a.m.	Morning Prayer	North Carlton	NH
	6:00 p.m.	Evening Prayer	Fillingham	AS

MOBILE LIBRARY

Owmby by Spital	Sandwalk (Fen Rd)	10:00 - 10:30	Mondays 7 Apr 2 Jun
Normanby by Spital	Council Houses	10:45 - 11:15	
Glenthams	Village Hall	11:30 - 12:00	
Bishop Norton	Well Street	12:45 - 13:15	
Hackthorn	School	15:15 - 15:45	
Full details, enquiries and renewals: 01522 782010			

POST OFFICE OPENING TIMES

Glenthams	Monday	09:00 - 11:30
	Thursday	14:00 - 16:30
Normanby & Owmby	Monday - Saturday	09:00 - 12:30

USEFUL TELEPHONE NUMBERS

Adviceline Lincolnshire	08444 111444	Doctors	
Alcoholics Anonymous	01159 417100	Ingham	01522 730269
Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
		Dispensary	01673 840254
		Welton	01673 862232
Charities			
Age Concern	01507 524798		
Help the Aged	0808 8006565	Environment Agency	0800 807060
Royal British Legion	01673 860363		
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		Lincoln	01522 512512
Chemist, Boots	01673 843336	Gainsborough	01427 816500
		Louth	01507 600100
County & District Councils			
LCC	01522 782070	Market Rasen Mail	01673 844644
WLDC	01427 676676	NHS Direct	08 45 46 47
Crimestoppers	0800 555111	Post Offices	
		Normanby & Owmbly	01673 878353

SIGNPOST ADVERTISING RATES

<u>Size</u>	<u>Per Issue</u>
1/6 A5 page (60 mm x 60 mm)	£6.00
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Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

FLYER DELIVERY WITH SIGNPOST

Delivery of flyers with Signpost is £25.00. Printed flyers must be delivered to our distributor by the Signpost deadline date (15th of the month).

**The latest date for entries to the May Signpost
is Tuesday the 15th of April at 6:00 p.m.**

CONTRIBUTORS - PLEASE NOTE

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

LOCAL CONTACTS

OWMBY GROUP MINISTRY TEAM

Contacts for ministry matters e.g. baptisms, weddings, service arrangements, home visits etc.
Email addresses can be found at <http://owmbygroup.co.uk/contacts.html>

Parish Priest	Revd Adrian Smith	01673 860464
Local Priest Owmbly & Glenthams	Revd Dr. John Tomlinson	01673 866159
Local Priest for Hackthorn, Spridlington & Saxby	Revd Sally Turnbull	01673 862764
Local Priests	Revd Richard Crossland	01522 730535
	Revd Bill Williams	01522 730365
Authorised Local Ministers	Viv Bailey, Anne Hunter, Liz Harris, Peter Atkinson, Rosemary Cox, Julie Harrison, Sue Doar	

CHURCHWARDENS

Contacts to do with church or churchyard matters

Glenthams	Pat Beat	01673 878260
	Robert Rowe	01673 878717
Hackthorn	William Cracroft-Eley	01673 860738
	Cathy Andrews	01673 861058
Owmbly	Avril Harrison	01673 878393
	Liz Harris	01673 878829
Saxby	Tina Harrison	01673 878551
	Chris Neave	01673 878820
Spridlington	VACANT	
	Anne Hunter	01673 861276

SIGNPOST TEAM

Editor & Advertising Manager	Steve Harvey	07835 429439 / 01502 744203
Treasurer	Jennifer Rayner	07539 133522
Distribution	Susan Catignani	01673 878079

VILLAGE CONTACTS

Firsby	Rosemary Cox	01673 878258
Glenthams & Caenby	Margaret Cromack	01673 876242
Hackthorn	Cathy Andrews	01673 861058
Normanby & Owmbly	Avril Harrison	01673 878393
Saxby	Sandra Neave	01673 878515
Spridlington	Diana Burrows	01673 861363

VILLAGE HALLS - BOOKING & INFORMATION

Glenthams	Margaret Cromack	01673 876242
Hackthorn	Cathy Andrews	01673 861058
Normanby-by-Spital	Caroline Vernal or Lynda Watson	01673 878216
Spridlington	Jo Howard	01673 862015

PARISH COUNCIL CLERKS

Glenthams	Jeff Reynolds	01673 838571
Normanby	Nadine Fox	01673 878148
Owmbly	Charlotte Wright	01673 838151
Spridlington / Hackthorn	Maria Wass	01673 861847

What's On Guide

Day / Date		Time	Function	Venue
Tues	1	2:00 p.m.	Knit & Knatter	Glenthams Village Hall
Tues	1	7:30 p.m.	Glenthams & Caenby Tapestry Group	Trap House, Glenthams
Wed	2	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Wed	2	7:30 p.m.	Whist Drive	Kippen, Normanby
Thurs	3	10:30 a.m.	Ss Peter & Paul Church Coffee Morning	Moat House, Field Lane
Thurs	3	7:00 p.m.	Presence Bible Study and Prayer Group	Tilsit, Glenthams
Thurs	3	7:30 p.m.	Owmbys & Normanby WI	Normanby Primary School
Mon	7	2:00 p.m.	Rainbow Fellowship	Main Street, Normanby
Tues	8	2:00 p.m.	Computer Group	Glenthams Village Hall
Tues	8	7:30 p.m.	Glenthams & District Gardeners' Club	Glenthams Village Hall
Tues	8	8:00 p.m.	Quiz Night	Crown Inn, Glenthams
Wed	9	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	10	7:00 p.m.	Presence Bible Study and Prayer Group	Tilsit, Glenthams
Sat	12	9:00 a.m.	Men's Breakfast	The Crown, Glenthams
Sat	12	10:00 a.m.	Spring Fayre	Hackthorn Village Hall
Mon	14	2:00 p.m.	Glenthams 55+ Club	Glenthams Village Hall
Tues	15	10:30 a.m.	St Peter's Guild Coffee Morning	Trap House, Glenthams
Tues	15	2:00 p.m.	Knit & Knatter	Glenthams Village Hall

**The latest date for entries to the May Signpost
Tuesday the 15th of April at 6:00 p.m.**

Wed	16	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Wed	16	10:30 a.m.	St Hilary's Coffee Morning	The Old Rectory, Spridlington
Thurs	17	7:30 p.m.	Rose Bowl Quiz	Glenthams Village Hall
Tues	22	2:00 p.m.	Computer Group	Glenthams Village Hall
Tues	22	8:00 p.m.	Quiz Night	Crown Inn, Glenthams
Wed	23	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	24	7:00 p.m.	Presence Bible Study and Prayer Group	Tilsit, Glenthams
Thurs	24	7:30 p.m.	Glenthams Jolly	Glenthams Village Hall
Thurs	24	7:30 p.m.	Hackthorn History Group	Hackthorn Village Hall
Sun	27	10:00 a.m.	Table Top Sale	Glenthams Village Hall
Wed	30	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the "Local Info" category in the news section of the website. Send an email to steve@owmbysgroup.co.uk with all the details.