### The Owmby Group Community Magazine

## SIGNPOST

**April 2024** 

Volume 33

Issue I

#### APRIL IS NATIONAL PET MONTH



National Pet Month (NPM) celebrates and raises awareness of responsible pet ownership through our educational campaigns and resources across our various platforms. NPM celebrates pet ownership, sharing the many benefits of our cherished companions across the UK.

Find out more at https://www.nationalpetmonth.org.uk/

## ST GEORGE'S DAY APRIL 23rd





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#### **APRIL'S LETTER FROM THE MINISTRY TEAM**

Alleluia Christ is Risen! Alleluia! I wish you and your family Easter blessings.

Easter is more than ever relevant this year, why you might ask? Easter is about reconciliation, and we need a bucket full of that in the world.

There seems so much to worry about and that is hard to cope with if we don't have hope. Easter brings to us the hope that we need. One wonderful lady told me off once for using the word hope. She told me her parents had certainty not hope and that was what she wanted. I had to go away and think about why I use the word hope. We use this word hope when we hope something will happen or as a wish for something to happen, but for Christians the word hope has a very different meaning. Christian hope is a confidence that something will come to pass because God has promised it will happen. And that happened on the first Easter morning when Mary went to the tomb and found it empty, for Jesus had risen and greeted her by name.

Easter is about reconciliation, about God reconciling the whole creation to himself though the death and resurrection of Jesus, about making peace with us so that we are able to make peace with one another and live in love and charity.

We should not be surprised that peace and reconciliation seem a far distant prospect. Jesus warned his disciples that 'you will hear of wars and rumours of wars'. He tells them not to be alarmed. He says that nation will rise up against nation and that there will be famines and earthquakes in various places.

And what are we to do in the face of all this? We are to stand firm; firm, as Easter people, in the love that God has commanded us to show one another, knowing that on the cross Jesus enters our human suffering and in his resurrection he gives us the assurance that his love, in the end, will triumph. No-one ever promised us that life would be easy, but we can have hope; hope, through Easter, in the eternal and invincible love of God.

In the end, Easter reminds us that Love is stronger than hate. Love is stronger than death. In the end, Love always wins!

Easter Blessings to you all.

Judy

Revd Judy Shaw

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Nicola Webster SAC dip RFHP www.footreg.org V152188

The Chapter House Lincoln Cathedral Saturday 27th April 7PM



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Fancy a wonderful break in Whitley Bay?
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Enjoy the marvellous, golden sandy beaches and magnificent castles of the Northumberland coast.

Hosted by Liz, the property is a cosy, two-bedroomed bungalow, sleeping up to four people. Close to the beach, shops and restaurants and a ten-minute walk to the Metro, ideal for travelling into Newcastle.

Book through Airbnb at https://oast.com/WhitleyBay

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## HACKTHORN & COLD HANWORTH

#### HACKTHORN C. OF E. PRIMARY SCHOOL

Another busy month at Hackthorn, including the whole school having a wonderful time celebrating World Book Day.

It was lovely to see everyone make such an effort with their costumes for a character from their favourite story book, or their favourite non-fiction book, it was also great to see historical figures and people from the Guinness Book of World Records.

Key Stage 1 pupils have been busy with design and technology this month, and have been investigating bases for a solid structure to make a windmill. They have been looking at different types of sails before designing their own windmill structure and there were high whoops of delight when their windmill sails turned with the wind.

Key Stage 1 have also started on their dance lessons and have been inspired by the themes of the Olympics and Silent Movies. All the children love this topic and take it very seriously, with all of them giving some input into their dance before performing it in front of their peers.

Reception have thrown their own party this month, celebrating 'Friends Day' - one child wrote invites to lots of people around the school to come and enjoy party games, food and a sing-song. Years 5 and 6 have been to Rand Farm for their residential stay; they spent time looking after the animals, feeding, cleaning them at the beginning and end of every day, and loving every minute of it. They had hands-on experience with the lambs, handling the chicks and learning all about the life cycle of the egg before making meringues. The children enjoyed time in the play barn, having lots of fun, and also enjoyed a tractor ride to Goltho Wood, where they spent time investigating their environment.

Some Key Stage 2 children have taken part in a cross-country running event, competing against lots of other local schools: They have been outstanding in the commitment to their training and at the events representing Hackthorn School.

As part of National Science Week we spent a whole day on the theme of time, including how tall a structure they could build with marshmallows and spaghetti.

The choir is busy practising for our church service at the end of term and its members are working hard on their harmonies to raise the roof with their new song.

A ukulele club has also proved popular, with children giving up their playtimes to learn a few songs to play at church too.

As our local community may be aware, we recently embarked on recruitment for our new Headteacher. We are delighted to share with you all that Emily Lister will be joining the Hackthorn team from Monday, June 3. Mrs Lister embodies the 'Hackthorn Way' and we have no doubt she will be an excellent addition to our community and lead us in our new chapter. She looks forward to meeting everyone soon.

If you would like to come and visit us or find out more about our special school, please ring the school office on 01673 860295.

Have a wonderful Easter.

The deadline for entries to the May 2024 Signpost is Monday the 15th of April at 6:00 p.m.

Thought for today (and everyday):

As long as you feel pain, you're still alive. As long as you make mistakes, you're still human. And as long as you keep trying, there's still hope.

#### HACKTHORN AND COLD HANWORTH PARISH COUNCIL

Just to remind parishioners you are welcome to attend meetings which are held bi-monthly in Hackthorn Village Hall.

Dates and times of meetings for 2024 are:

Tuesday, **21st May** at 7pm; Tuesday, **9th July** at 8pm; Tuesday, **10th September** at 8pm and Tuesday, **12th November** at 7pm.

Minutes of the meetings are posted on the council website

https://hackthorn-cold-hanworth.parish.lincolnshire.gov.uk

The clerk can be contacted at hackthornpc@yahoo.com or on 07955 797393



## Hackthorn Gardening Club

Tuesday April 23rd - 7:00pm

Guest Speaker Mike Finney "Gardens in Art - Part II"

The meeting will be held at Hackthorn Village Hall LN2 3PQ.

There will be tea/coffee available and a raffle will be held.

Members Free. Guests £2.00 - or join for £3.00 and get free entry to future meetings

Everyone most welcome!

Hackthorn & Cold Hanworth Parish Council

#### **COMMUNITY LITTER PICK**

Do you have the time to come along and be involved in a local litter pick?

Saturday 13th April at 9:30am Meeting Point: Bus Shelter

Bags, gloves and a limited amount of fluorescent jackets and litter pickers will be available



For more further information or queries please contact the Parish Clerk at hackthornpc@yahoo.com



Committee and Gardening Club

invite you to our

Coffee Morning & Plant Sale Saturday May 18th, 10.00 - 12.00

Please come along and enjoy good company and a bacon butty, tea, coffee and biscuits.

A range of vegetables and garden plants will be for sale.

Everyone most welcome.



## **SPRIDLINGTON**

#### First Friday Club

Spridlington's First Friday Club is a monthly village get-together over a few drinks.

The next *First Friday Club* is on April 5th.

Our next get together will be on May 3rd

Villagers, if you wish to join us, you would be most welcome. Please bring a bottle, some nibbles and a small cash donation

to cover hire costs. For more information email spridsocial@gmail.com



#### St HILARY'S COFFEE MORNING

Wednesday 10th April at 10:30 a.m.

#### Pantiles, Faldingworth Road By kind invitation of Barbara and Robert Jackson

Raffle, bring-and-buy stall Do come along and join us for coffee and a chat, you will be most welcome! Proceeds to St Hilary's Church Funds



Spridlington Village Hall Committee

#### **Notice of Annual General Meeting**

Wednesday 1st May 2024 at 7.00pm

in the Village Hall, Owmby Rd, Spridlington LN8 2DD

We are currently very short of committee members, so if you think you can help please come along and have a chat over a cup of coffee. If you have any ideas for events or ways to make more use of our lovely little hall, we would be delighted to hear from you and look forward to seeing friends and neighbours old and new.

Everyone is welcome

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## **NORMANBY & OWMBY**

#### OWMBY CHURCH COFFEE MORNINGS

THE FIRST SATURDAY OF EVERY MONTH AT 10.30 AM TIL NOON
Next event is on April 6th

Entry £2.00 per person - Children half price (toddlers free) Entry entitles you to a cup of tea, coffee or juice, plus a choice of biscuit.



#### Come and enjoy some friendly company.

Parents, child minders and babies welcome to try our toddler's corner. Browse our plant stall, cake stall, book shelves and have a go at our raffle.

All proceeds to go to St. Peter and St. Paul Church.

#### BULBS & BUTTIES

Sunday 21st April at 10am Meeting Point: Main Gate, Community Park



The daffodils along Normanby Road have given us a wonderful display this year but now is the time to split and replant them to ensure we continue to benefit from their blooms each spring.

This is a fantastic opportunity to come together as a community and contribute to the beauty of our village. No experience is necessary - just a willingness to lend a hand and spread some cheer!

As a token of our appreciation for your hard work, we'll be providing delicious bacon rolls and hot drinks to keep you fuelled throughout the session. There's nothing quite like the smell of sizzling bacon and the warmth of a hot cuppa to make a chilly day feel cosy. So, join us for a morning of camaraderie and productivity. Let's make our village even more beautiful together!

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Owmby-by-Spital Parish Council & Normanby-by-Spital Parish Council

## COMMUNITY LITTER PICK FOR OWMBY-BY-SPITAL AND NORMANBY-BY-SPITAL



Do you have the time to come along and be involved in our community litter pick of Owmby & Normanby?

#### Sunday 9th June at 10am Meeting Point: Main Gate, Community Park

Come and join us for a litter pick around the villages to make our community cleaner for all to enjoy. Once we've tidied up we'll gather together for some well-deserved refreshments. There's nothing quite like a cup of tea or coffee and a chat with fellow volunteers to celebrate our efforts. All equipment will be provided.

## BOOTS, CRAFTS AND PLANTS Sunday 12th May - Further details to follow

The Community Park Committee are currently seeking enthusiastic stall holders to make this event truly special. Whether you have green fingers and want to sell your homegrown plants or you're a talented crafter with unique handmade goods to showcase, we want to hear from you!

This is your chance to turn your hobbies into cash and be part of a fun-filled community event. But that's not all - while you're browsing the stalls and hunting for treasures, be sure to stop by our refreshment stand. Treat yourself to a cup of steaming hot coffee or indulge in a tasty snack to keep your energy levels up. And rest assured, there will be a convenient toilet on site for your comfort and convenience.

We are also looking for volunteers to help with the refreshments.

To secure your spot as a stallholder, get more details or volunteer your support please contact Julie - clerk@owmbybyspital-pc.gov.uk by 30th April 2024.

<b>∀ ♦</b>	LATEST WHIST DRIVE RESULTS		
1st Lady	Jane Tingle	2nd Lady	Beryl Brittain
1st Gent	David Coulson	2nd Gent	Anne Turnbull
Low Score	Sara Carter Al Dawson	Near Score	Jane Tingle Richard Harrison
Miniature	Not Played	Raffle	Sara Carter Brian Jois

Our next whist drive will be on **Wednesday 17 April** at the home of Richard Harrison.

We start at 7:00 p.m. If you would like to join us, contact Janet (janeta29@hotmail.com) for details.

New players welcome.

If you have news, an article or story, or are holding an event you feel would be of interest to other local residents, please contact Steve, the editor.



#### **FACEBOOK**

Like our page on Facebook at www.facebook.com/OwmbyGroup

#### PRAYER FOR APRIL

As the dawn of April unfolds, we welcome its light with open hearts, embracing the promise of renewal and growth. We give thanks for the beauty of Your creation, for the blossoming flowers and the refreshing rains, symbols of Your love and grace.

Lord, guide our steps through this month. Help us to reflect Your love in our actions, to seek Your wisdom in our decisions, and to find strength in Your presence during moments of challenge. May we nurture kindness within us, spreading peace and joy to those around us.

We pray for those in need of Your healing touch, for the lonely, the sick, and the troubled. Wrap them in Your comforting embrace, offering them hope and a sense of Your neverending peace.

Bless our families, friends, and communities. Strengthen our bonds of unity and understanding, that together, we may overcome obstacles and celebrate victories in Your name.

As April's showers nurture the earth, may Your teachings nourish our souls, leading us closer to You with each passing day.

In Jesus' name, we pray, Amen.

#### **Promoting A Safer Church**

The care and protection of children, young people and adults involved in church activities is important to us all in the Owmby Group of Parishes.

If you have any concerns please contact one of the following:

#### **Owmby Group Safeguarding Officer:**

Shirley Keyes - 07919 519308 - shirley.keyes@outlook.com

#### **Diocesan Safeguarding Officer:**

Jack Redeyoff - 07885 999907 - safeguarding@lincoln.anglican.org

#### **Glentham Chapel Safeguarding Contact:**

Sheena Grebby - 01673 878578

#### Barton, Brigg and Wolds Circuit Safeguarding Representative:

Pam McCartney - 01652 632770 - mccartneypam9@gmail.com

#### Ministers for Barton, Brigg and Wolds Circuit:

Rev Heather Wilson - 01673 843362 & Rev Sally Long - 01652 781115

#### District Safeguarding Officer (Safeguarding in Lincolnshire):

Howard Smedley - 07758 239286 or 01332 479343

#### FROM THE REGISTERS

#### We remember with love those who have died:

Maureen Heather Krackow - Interment of Ashes at St Michael & All Angels on 17 March 2024.



The deadline for entries to the May 2024 Signpost is Monday the 15th of April at 6:00 p.m.

#### **SERVICES IN APRIL**

	OWMBY GROUP CHURCHES			
Sunday 7th Easter 2		Holy Communion Evening Prayer	Spridlington Owmby	
Sunday 14th Easter 3		Holy Communion Evening Prayer	Hackthorn Glentham	
Sunday 21st Easter 4	11.00 am	Holy Communion	Owmby	
Sunday 28th Easter 5	11.00 am	Family Service Holy Communion Morning Prayer	Owmby Glentham Hackthorn	

On the **second Sunday** of each month, Liz Harris holds a 'Sunday Special' Sunday School at Owmby at 10.30 am. Please note, this is **not** a Service. Contact Liz for further details. (Info is on the back cover).

GLENTHAM METHODIST CHAPEL		
Sunday 7th	10.30 am	Rev Heather Wilson
Sunday 21st	10:30 am Messy Church	

## THANK YOU

#### **WORLD DAY OF PRAYER**

Thank you to all those who came and took part in the World Day of Prayer service at Owmby Parish Church on 1st March. It was a very thought-provoking service prepared by Christian women from Palestine.

Thank you too for your generosity. £101.00 was given on the evening for World Day of Prayer in support of numerous charities.

#### ST PETER'S CHURCH, GLENTHAM

Continuing thanks for those supporting the church through the West Lindsey community lottery. There were 43 winners in the 4 weeks up to the 9th March and 3 of these are supporters of the church. A star prize of a £1000 Sainsbury voucher was won in the draw of the 30th March. A guaranteed prize is included in the draw each month. The Open Churches Festival will be held in May and St Peter's Church will be taking part. Details will be in the next edition of Signpost.

Robert Rowe, Churchwarden, St Peter's Church.

#### VISITING LINCOLN CATHEDRAL

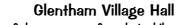
The Owmby Group have two complimentary passes for Lincoln Cathedral. If you would like to borrow them please contact Cathy Andrews on 01673 861058

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart." Jeremiah 29:11-13 (NIV)

## **GLENTHAM & CAENBY**

## CAOT & CAATTER

Tuesdays 2nd & 16th April from 2:00p.m. - 4:00p.m.



Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. (Entry fee: £2.00)

Everyone Welcome





'Nags Head' at Middle Rasen

#### Men's Breakfast

Saturday 13th April at 9:00am

An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Trevor Faulkner on 07510 925296 to reserve a place

Organised by Glentham Methodist Chapel



## JIGSAW SWAP

Glentham Chapel Saturday 27th April 10am-12noon

Please come for a chat over a cup of tea or coffee and borrow a jigsaw to challenge the grey cells (or just enjoy the chat (0))

We would love to see you!

For further information please contact Sheena 878578

#### GLENTHAM PARISH COUNCIL NEWS

Glentham Parish Council has a number of vacancies for co-option of new councillors. The parish council improves the quality of life and environment in your village by working to bring about improvements through local projects, lobbying other service providers and working in partnership with other parishes and agencies. Anyone who is interested in finding out more about this interesting position please contact the clerk on 07955 797393.

#### VACANCY OF PARISH CLERK

Due to the retirement of the present clerk later this year, Glentham Parish Council is looking for a replacement. Ideally this will be someone with experience in the role but applications will be considered from people with experience in administration and finance.

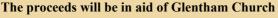
The post is for 5 hours per week, working from home. Salary will be dependent on whether CiLCA qualified and/or experience. Meetings are held bi-monthly and the successful applicant will be expected to attend. For further information, please contact the clerk on 07955 797393 or email helenspitman@gmail.com



#### St Peter's Guild

#### **COFFEE MORNING**

Tuesday 9th April at 10:30 a.m. Sarah's Cottage, Seggimoor by kind invitation of Hilary Rainer



All Welcome

#### **UPCOMING EVENTS AT GLENTHAM VILLAGE HALL**

APRIL 27th - from 4.30pm.

Family Games Night, usual bar and games, plus Chow Pizza Van (between 5-8pm).

**MAY 25th** - from 4.30pm.

Family Games Night, usual bar and games plus Banzai Street Food van (between 5-8pm).

#### COMING SOON

Pay as you Go, Seated Pilates - Wednesdays at 3pm
If interested, please contact Carol Gallagher-Chew on 07738 405302 for information.

Further details about the future events will appear in the relevant Signpost.



## **ROSE BOWL QUIZ**

Thursday 18th April Glentham Village Hall Doors open at 7:00 p.m.

A just-for-fun quiz to raise funds for the village hall. £5.00 per person. Bring your own drinks. Buffet available. Contact Catherine on 07565 440572 if you wish to reserve a table.



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#### WHATS ON:

- Join us Behind the Garden Wall for a day of family fun! Check out our website for more information
- Join us for breakfast, lunch or just a slice of cake in our cafe. No need to book!
- Looking for that special gift or just a well earned treat, then check out our shop.

Tiny Tots Tuesdays! Bring your little one to soft play every Tuesday during term time. Free for cafe users!

Special occasion? From afternoon teas to event room hire, we can help! Call us on 01652 640308 for more information



Uncle Henry's Farm Shop, Grayingham Grange Farm, Grayingham, Gainsborough DN21 4JD 01652 640308 www.urrclehenrys.co.uk

The deadline for entries to the May 2024 Signpost is Monday the 15th of April at 6:00 p.m.



# Opening Weekend Sat 20<sup>th</sup> & Sun 21<sup>st</sup> April 1000 - 1500hrs

After many years of hard work, we're opening our Main Exhibition Centre to visitors.

Come along and experience our NEW Exhibition.

Discover the fascinating story of the Polish Air
Force Bomber Squadrons in Britain, and learn
about RAF Ingham's wartime history.

(Adults) £8.00 - (11-17) £4.00 - (Under 11s) Free Cinema - Cafe & Toilets - Free Parking

RAF Ingham Heritage Centre - DN21 5BU www.rafingham.co.uk

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### **SURROUNDING AREAS**

#### WELTON VILLAGE LIBRARY AND COMMUNITY HUB

Based at Manor Park, Hackthorn Road Welton LN2 3PA

Our opening hours are Monday: 12noon to 5pm, Tuesday: 9:30am to 2:30pm, Wednesday & Saturday: 10am to 12 noon

Dragonflies! What better way to encourage children to start thinking about all nature has to offer in the spring and summer months than bringing them along to one of our popular craft sessions that involves creating one of their own colourful insects. We are organising a Saturday morning event on 13th April starting at 10:30am with a storytime and 10:45am crafts for accompanied children up to the age of 10, it is all free and is open to anyone, library membership not required.

On Tuesday 16th April at 2pm we have a Community Hub talk by local resident Alan Barnes MBE who spent 32 years as an RNLI volunteer including 15 as coxswain of Falmouth boat. His talk is entitled confessions and memories of a retired RNLI coxswain, this promises to be a very interesting and informative afternoon particularly as there is currently much interest with the Lifeboat Institute celebrating its 200th anniversary. As always we will be pleased to welcome you and the event is open to all.

Just a reminder that our free fun World Challenge to read one book from every continent remains open to readers of all ages. Just call in at the library for your reading passport to fill with stamps which then lead to a lovely certificate for those completing the journey!

We continue to attract many new members as local residents take advantage of the free reading and electronic resources, if you are already a member please tell others, if you are not a member please call in to see what we offer.

Mike Hubbert - Library Volunteer Coordinator

#### BISHOP NORTON WEDNESDAY LUNCHES

Two course home-cooked meal with tea or coffee served in the village hall at 12 Noon £6.00 PER PERSON

The dates for the next lunches are 10th April, 8th May & 12th June.

**EVERYONE WELCOME!** 

Please ring at least four days in advance if you are **NOT** attending Karen 01673 818798

#### SCARECROW WEEKEND AT BISHOP NORTON

22nd & 23rd June

For the first time the village is organising a Scarecrow Display. We are hoping the villagers will support this event by being creative and joining in the fun.

The village hall will be open on Saturday 22nd June 10am-2pm for anyone wishing to make a scarecrow on this day. Straw will be provided... you just need your own ideas & clothes to dress them. There will be an Entry fee of £2.00 (Entries must be in by 2pm). Judging will take place on Sunday & there will be a prize for the best voted Scarecrow.

SCARECROWS WILL BE DISPLAYED around the village on Sunday 23rd June. Lists of where to view these will be available at the hall, and cost £1.00 The village hall will be open between 2pm & 4pm. Refreshments will be available.

Please contact Karen 818798 or Ros if any further info is required.



#### **Newsletter for April 2024**

All the colour supplements are full of advertisements such as "The Big Year of Adventure" or "Reach your Peak", enticing us to book an extremely expensive holiday. If "temple hopping by hot air balloon, sky diving or free climbing and kayaking" are your activities of choice then go ahead and have fun!

At Lindsey u3a we offer a more economical way to advance the education of middle aged and older people whilst providing facilities for leisure time and recreational activities. Just take a look at the list of interest groups on our website lindseyu3a.org.uk. Sorry no hot air balloons or kayaking and we haven't got a sky diving group yet but perhaps Walking, Bowls, Circle Dancing or Gardening might appeal. These are just some of our physical activity groups but there are also various Creative, Literary, Historical, Scientific, Discussion and Indoor Games groups - something for everyone!

You are invited with no obligation to one of our meetings on the first Thursday of every month. Doors open at 9.45am for tea/coffee followed by a speaker. If you decide to come along for a look, tell someone on reception you are new and one of our friendly greeters will show you round and answer any questions.

Our meeting on **4th April** at 10.30am Paul Stafford will be telling us about "Real Life in North Korea" which should give us some interesting insights into a very mysterious and secretive part of the world.

Please note our meeting in May is always moved to the second Thursday to accommodate the Hall being used for local elections and the Farmers' Market. Therefore on **16th May** our speaker will be Keith Hanson talking about "British Kings and Queens from 1066"

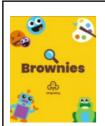
We offer a wide range of interest groups run by members for members. Check out our website lindseyu3a.org.uk to see if anything appeals to you.

u3a members can also join various online talks, workshops and courses. You can find out more from www.u3a.org.uk

If you can't come to one of our general meetings you could join us at the 'Gardeners' Retreat' tearoom at Scothern Nurseries for a cuppa and a chat at 10.15am on the fourth Thursday of the month. The next coffee morning will take place on **25th April**, 2024. Whether you're a newcomer wanting to know more about Lindsey u3a or if you're already a member and just fancy a cuppa, maybe a scone and a chat, do come along. Everyone is welcome.

Everything you need to know about Lindsey u3a can be found on our website lindseyu3a.org.uk. You will find a comprehensive list of our interest groups, where and when they meet plus news about visits of local interest or theatre visits and holidays arranged by members for members.

Should you require any further information about Lindsey u3a please do not hesitate to contact me - Mandy Murphy. Email: mandy.murphy1396@gmail.com Tel: 01673 565295



Ever thought about joining Brownies or Guides? Brownies are girls aged 7 - 10

Guides are girls aged 10 - 14

We are 1st Glentworth Brownies & Guides We meet on Tuesdays at Glentworth Village Hall.

Search for - 'girlguiding uk register my daughter' Fill out your details and search within 10 miles

You will see all the groups in the area.

Scroll down and select 1st Glentworth - or a different group if you wish.

Once registered a leader will contact you and invite your daughter for a visit.



It's your road, and yours alone.

Others may walk it with you, but no one can walk it for you. - Rumi

#### WELTON PATIENT AND DOCTORS ASSOCIATION

Our next event is the Spring lunch to be held on **Friday 19th April** in Welton Village Hall. Tickets are currently sold out with a waiting list for cancellations. The menu will be beef pie, potatoes, carrots and peas followed by trifle or homemade apple crumble and custard. Please note that there will be NO bar available but please feel free to bring your own drinks, alcoholic or not. We will provide the glasses and there will be orange juice and jugs of water on the table.

There will be a free quiz with a prize for the most correct answers.

If anyone can provide a raffle prize and /or a cake for the cake stall they would be gratefully received!

Several other 'willing volunteers' are now booking transport in addition to myself. The Health Centre know who is covering at any given time and therefore, although we know it is sometimes difficult to get through, please use the Health Centre number to request transport.

Can I explain once again the system in place for arranging transport to Health Centre only appointments?

I put together a rota of drivers for each working day of the month and this is sent to the Health Centre. When you book an appointment and you know that you will need transport, please mention it while at the reception desk or on the telephone. Your name will be added to the list for the day of your appointment and the driver is called the previous evening with a list of patients to pick up together with addresses and appointment times.

#### As I have no access to the diary, I can't book transport for Health Centre appointments.

The PDA will be holding a plant sale at the Welton May Fair on Monday 6th May. If anyone has any plants, indoor or outdoor, which they are willing to donate please get in touch. Collection can be arranged. If you are planting seeds, please plant a few extra or if you are splitting a large plant in your garden, we are happy to take any surplus. Please also come along and support us on the day.

Any further information on any of the above don't hesitate to give me a call on 01673 862570.

Janet Goddard

PLEASE DO NOT USE THE ABOVE NUMBER TO BOOK TRANSPORT

#### RACE NIGHT (Greyhound Racing) BISHOP NORTON VILLAGE HALL SATURDAY 27th APRIL 7:30pm Start

Tickets £8 per person to include supper.

To book please ring Karen 818798 or message Ros 07523 108043

Please bring your own drinks.

#### GLENTHAM VILLAGE STORE

**Your shopping can be delivered -** Enquire for details of delivery arrangements. Pay with your debit card and take advantage of our cash-back facility.

SHOP OPENING TIMES		
Monday – Friday:	7:00 a.m 6:00 p.m.	
Saturday:	7:00 a.m 12:30 p.m.	
Sunday:	Closed all day	

Lunchtime closing: 12:30 p.m. - 1:30 p.m. on weekdays.

Contact us: High Street, Glentham, LN8 2EQ. Telephone: 01673 878474



#### LINCS & NOTTS Former patients invited to help Lincs & Notts Air Ambulance calebrate 30th birthday Air Ambulance celebrate 30th birthday

People treated by Lincs & Notts Air Ambulance (LNAA) are being invited to get in touch and help celebrate its 30th anniversary.

LNAA first became operational in May 1994 and since then has responded to over 28,500 missions. Its pilots, doctors and paramedics provide the very best pre-hospital emergency care possible to some of the most seriously ill and injured people in Lincolnshire & Nottinghamshire.

To mark 30 years, the charity is encouraging former patients or their families to get in touch and share their stories.

LNAA's Patient Liaison Manager, Hayley Burton explained: "We have treated thousands of patients, and they are at the heart of everything we do. It is wonderful when former patients allow us to share their stories as they highlight how vital our life-saving service is within our local communities, whilst recognising the amazing work of our crew who respond, in average, to four potentially life-saving missions daily."

Ruth has every reason to be grateful to LNAA. In the space of just 3 years, she has been airlifted to hospital twice after sustaining serious injuries from horse-riding accidents.

In June 2009, Ruth was jumping her horse in a field at her home near Grantham, Lincolnshire. When she was walking to leave the field, the horse reared and lost balance. Ruth was knocked over and her horse landed directly on top of her, breaking her pelvis in four places.

In October 2011, Ruth was riding in the very same field when she was thrown again, resulting in a broken leg.

Both times, the Lines & Notts Air Ambulance was called, and the doctor/paramedic teams treated her before deciding the quickest and safest option to transport her to Lincoln County Hospital was by air ambulance. Reaching up to speeds of 160mph, she arrived in a matter of minutes and was transferred into the care of waiting clinicians.

Ruth said: "The difference that the Air Ambulance makes when you have a serious injury and are in pain is outstanding!"

The team at Lincs & Notts Air Ambulance are wanting to share stories spanning every year of the charity's existence during its 30th Anniversary year. If you or a loved one has ever needed the services of LNAA and would like to share your story, they would love to hear from you at: media@ambucopter.org.uk

#### SIGNPOST MAGAZINE

Volunteers are welcomed to assist in the distribution of Signpost. If you can spare a couple of hours or so a month to help with the delivering of the magazine, please contact one of the people below.

If you are in the Glentham area call Hilary on 01673 878733. Those of you in other areas can contact one of the distribution team - Liz on 01673 878829 or Keith on 01673

878947. Alternatively, send an email to signpost@owmbygroup.co.uk and Steve will forward it on.

Many thanks for your continued support of Signpost Magazine. It is the tremendous help we get from our volunteers, advertisers and supporters that keeps the Signpost dropping through your letter box each month!

LOCAL BUS TIMETABLE			
Waddingham - Lincoln Wednesdays Only		Lincoln - Waddingham Wednesdays Only	
162 operated by Stagecoach		162 operated by Stagecoach	
Waddingham, adj Marquis Of Granby PH	09:30	Lincoln Central Bus Station (Bay N)	13:30
Snitterby, opp Royal Oak Inn	09:33	Ermine West, adj Ruckland Avenue	13:37
Bishop Norton, opp St Peter's Church	09:38	Hackthorn, adj War Memorial	13:55
Glentham, opp The Old Parsonage	09:43	Spridlington, opp Bus Shelter	14:03
Normanby by Spital, opp Church	09:48	Owmby by Spital, opp Surgery	14:10
Owmby by Spital, adj Surgery	09:52	Normanby by Spital, adj Church	14:12
Spridlington, at Bus Shelter	09:57	Glentham, adj The Old Parsonage	14:17
Hackthorn, opp War Memorial	10:05	Bishop Norton, adj St Peter's Church	14:22
Ermine West, opp Ruckland Avenue	10:18	Snitterby, adj Royal Oak Inn	14:27
Lincoln Central Bus Station (Bay N) 10:30 Waddingham, opp Marquis O			14:30

POST OFFICE OPENING TIMES		
Glentham	Monday	09:00 - 11:30
	Thursday	14:00 - 16:00
	Monday - Friday	07:30 - 19:30
Normanby & Owmby 01673 878353	Saturday	08:30 - 19:30
01073 070333	Sunday	09:00 - 16:00

MOBILE LIBRARY					
Normanby by Spital Council Houses 12:15 - 12:45 Wednesday April 24th					
Hackthorn	School	15:30 - 16:00	Wednesday May 22nd		
Full details, enquiries and renewals: 01522 782010					

#### **Owmby Group Website**

owmbygroup.co.uk

#### **Signpost Online - Including Back Issues**

owmbygroup.co.uk/signpost

#### Home Call Computer Services

PC Repairs & maintenance

Email: Trevor@hccs-direct.co.uk
Web: www.hccs-online.co.uk

Appointments arranged at your convenience

01673 818624 07742 827285



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Dunholme Road, Scothern, Lincoln. LN2 2UD Tel: 01673 862297

www.scothern-nurseries.co.uk

#### **USEFUL TELEPHONE NUMBERS**

Adviceline Lincolnshire		08444 111444	Call Connect Bus	03452 343344
Alcoholics Anonymous		01159 417100	Crimestoppers	0800 555111
An	glian Water	08457 145145	Doctors	
Br	itish Rail	08457 484950	Ingham	01522 730269
Βu	s Enquiries	08456 050605	Hibaldstow	01652 650580
Cł	arities		Market Rasen	01673 843556
	Age Concern	01507 524798	Welton	01673 862232
	Help the Aged	0808 8006565	Environment Agency	0800 807060
	Royal British Legion	01673 860904	Hospitals	
	Samaritans	08457 909090	Lincoln	01522 512512
	Alzheimer's Society	01522 692681	Gainsborough	01427 816500
	WL Dementia Support	01427 613033	Louth	01507 600100
County & District Council		ls	Market Rasen Mail	01673 844644
	LCC	01522 782070	NHS Direct	08 45 46 47
	WLDC	01427 676676		

#### **SIGNPOST ADVERTISING RATES**

Size	Per Issue
1/6 A5 page (60 mm x 60 mm)	£7.00
1/3 A5 page (60 mm x 122 mm)	£14.00
2/3 A5 page (122 mm x 122 mm)	£28.00
Full A5 page (122 mm x 184 mm)	£42.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

#### **CONTRIBUTORS - PLEASE NOTE**

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

#### **FLYER DELIVERY WITH SIGNPOST**

Delivery of flyers with Signpost is £25.00. Printed flyers must be delivered to our distributor by the 18th of the month. Contact Steve Harvey at signpost@owmbygroup.co.uk for more details.

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the news section of the website. Send an email to signpost@owmbygroup.co.uk with all the details.

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Editor

Distribution

Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor will not check facts or references of submitted materials. As a result we cannot, and do not, guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

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The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.

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