

Guys & Gals - Tuesday the 14th... Don't forget!



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FROM THE RURAL DEAN

Dear Reader

Do you have any old vinyl hanging around or up in the attic? In Dunholme and Welton we have monthly vinyl nights where people come along with their vinyl and a beer, talk about the tracks they're going to play and find community and friendship. At a recent one we had a David Bowie track playing and it reminded me of the sense of shock reflected in the media and with everyday people when he died. Why is it that the death of someone can make such an impression on us? Why, especially, when we don't know them personally? Perhaps in the case of David Bowie it's because of the mark that he left on popular culture - he sold over 140 million records which is nothing short of staggering!

So what is it about David Bowie that was so inspiring?

I wonder if it was his continual creativity - he never seemed to sit still. Every recording David Bowie made was different from the previous one. Right up to the final times of his life he was re-creating and pushing the boundaries in his music. From the creation of Ziggy Stardust through to his film acting in films such as Labyrinth, Bowie was not afraid to try something new. He was always on the move. He never stopped. Right up to the end of his life - by his final album released days before his death - he kept on creating.

I wonder if we find this resonates in us because we are creative beings? Many psychologists suggest that creativity makes us human, and that being creative gives us insight and enriches our lives. Perhaps the creative desire in us can find a place to rest in the creativity in others. Even more so with those of artists like Bowie who have touched so many lives through different generations.

In the first book of the bible, in Genesis, we hear how God created humankind in his image. Perhaps in some way it's as if we have something of his DNA and therefore the innate desire to create? Perhaps that explains why we can seem to come alive when we are involved in or making something new in some way? Of course it doesn't just have to be through the arts and music. When I lived in Tokyo I taught at Tokyo Denki, an engineering university, my students included those researching within the fields of robotics and chemical engineering and electronics. Science geeks some might think, but I was astounded by the endless creativity that poured out of the core of their very being!

Perhaps as we reflect on our lives we can ask ourselves where creativity might be? What is being made new in our lives today? For some of us it might not be in fashion like David Bowie, but perhaps we can recognise it in our work-life or our hobbies or in our community life? Perhaps we can consider how we might reflect the wonderful creativity of God? And if we think it's lacking, we can always top ourselves up by dusting off our record player and listening to a Bowie record!

Have a good month!

Adam Watson

(Half a Rural Dean)

SNOWDROP SUNDAY HACKTHORN HALL LN2 3PQ 12.00 – 4.00 PM SUNDAY 19th FEBRUARY 2023



HACKTHORN & COLD HANWORTH>

HACKTHORN C. OF E. PRIMARY SCHOOL

We started 2023 with our new school value of Aspiration, which is linked to the Christian value of Perseverance and at the time of writing, I can wholeheartedly vouch that this has been put into practice. Every two years our Y5&6 pupils participate in Bikeability. Despite cold temperatures, all of the children passed Level 1 on the first day. The children were warned that the weather forecast looked bleak for the next few days and that those moving onto Level 2 would be participating regardless of the weather and to come prepared. On the second day, the heavens opened and we weren't sure if cycling would go ahead. However, we believe in preparing children for real life situations and, as we live in Britain, it is highly likely that they will face unpredictable weather. The Year 5s and 6s therefore braved the elements (they didn't have much choice!) and persevered through the weather. Fortunately, the Hackthorn blanket was at hand to warm them up when they returned. We have now renamed the course 'Extreme Bikeability!'

This term we have had a wide range of sporting opportunities on offer. KS1 pupils attended gymnastic sessions at Witham Hill. There were many excited faces coming off the bus after each session although some of the younger children overexerted themselves and fell asleep on the bus journey back. KS1 pupils loved their Wednesday hockey sessions and many stayed on after school for Yoga club. KS2 pupils thoroughly enjoyed learning the new sport of Lacrosse with Mr Stringer. Their netball skills were also refined by Mr Edwards after Mrs Turner's training so hopefully they will be well prepared for the summer inter-school netball tournament. Most Y5 & 6 pupils signed up for the after-school Boxercise club and they always looked like they had had a good workout by the end of each session.

Y5 & 6 pupils are looking forward to participating in outdoor pursuits challenges during their residential to Willersley Castle School Adventure Centre in March. I'm sure there will be plenty of stories to share next month.

You can always keep up with our latest news by visiting our school website at www.hackthorn.lincs.sch.uk.

Mrs Appleby - Headteacher

The deadline for entries to the March 2023 Signpost is Wednesday the 15th of February at 6:00 p.m.

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Donald - 07719 568001 / 01427 787022

Hackthorn Lunch Club

The next Lunch Club at Hackthorn Village Hall will be on Wednesday 8th February at 12.00pm for 12.30pm.

Soup and a roll will be provided, followed by a pudding and hot drink.

All welcome, no age restriction. Donation pot - any donations gratefully received for St Michael & All Angels' Church.

Help with transport is available.



If you would like to come, please contact Anne (01673 861821) or Cathy (01673 861058) just so we have an idea of numbers to cater for. Thank you.



There will be tea/coffee available and a raffle will be held.

Members Free. Guests £2.00 - or join for £3.00 and get free entry to future meetings!

On Thursday 23rd March we welcome Paul Scott from Joseph Banks Society, Horncastle for a talk entitled "An Insight into the Life of Joseph Banks"

Everyone most welcome!

You are warmly invited to join us for

a Lent Group

following material created by Revd Jane called

Good News For All

At Herongate, Main Street, Hackthorn, (near and on the opposite side of the primary school)

on Wednesdays (01, 08, 15, 22, 29 March), 1.30-4pm

(1.45-3.15 for the course, the rest is for coffee and chatting)

If you're feeling energetic, you're welcome to park at the Rectory, Hackthorn, and walk down.

 Week 1
 Week 2
 Week 3
 Week 4
 Week 5

 belonging
 being healed
 flourishing
 living in harmony
 sharing

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SPRIDLINGTON

St HILARY'S COFFEE MORNING

Wednesday 15th February at 10:30 a.m.

Do come along and join us at the church for coffee and a chat. You will be most welcome! Raffle, bring-and-buy stall Proceeds to St Hilary's Church Funds

First Friday Club

Spridlington's *First Friday Club* is a monthly village get-together over a few drinks.

The next First Friday Club is on February 3rd.

Dates for the next few months are:

March 3rd, April 7th (Good Friday) and May 5th.

Villagers, if you wish to join us, you would be most welcome. Please bring a bottle, some nibbles and a small cash donation to cover hire costs.

For more information email spridsocial@gmail.com

SPRIDLINGTON VILLAGE HALL RECYCLING UNIT

Are you clearing out the clutter and unworn clothes from your wardrobes and drawers ahead of the new season? Don't forget that there is a recycling unit conveniently located at the side of Spridlington Village Hall. Clean and reusable clothes, shoes, handbags, belts etc can all be recycled here (however, please do not place any rags, carpets, rugs, blankets, towels, sheets etc in the bank, thank you).

Spridlington Village Hall receives a small commission each month based on the weight of items recycled, which makes a useful addition to our income.

Please bear in mind, residents of Spridlington, that if we don't make enough money to meet our annual expenses the village hall will be lost.

Thank you for your support.

The deadline for entries to the March 2023 Signpost is Wednesday the 15th of February at 6:00 p.m.



FACEBOOK

Like our page on Facebook at www.facebook.com/OwmbyGroup

"The most beautiful things are not associated with money; they are memories and moments. If you don't celebrate those, they can pass you by." Alek Wek.





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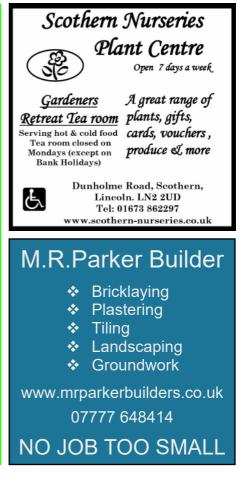
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NORMANBY & OWMBY

OWMBY CHURCH COFFEE MORNINGS

THE FIRST SATURDAY OF EVERY MONTH AT 10.30 AM TIL NOON Next event is on February 4th

Entry £2.00 per person - Children half price (toddlers free) Entry entitles you to a cup of tea, coffee or juice, plus a choice of biscuit.



Come and enjoy some friendly company.

Parents, child minders and babies welcome to try our toddler's corner.

Browse our plant stall, cake stall, book shelves and have a go at our raffle.

All proceeds to go to St. Peter and St. Paul Church.

JANUARY'S WHIST DRIVE RESULTS				
1st Lady	Liz Baxter	2nd Lady	Judy Taylor	
1st Gent	David Coulson	2nd Gent	Carol Haycocks	
Low Score	Christine Taylor Anne Turnbull	Near Score	Beryl Brittain Anne Turnbull	
Miniature	Richard Harrison Christine Taylor			

On **Wednesday 15th February** we will be at the home of Richard Harrison in Owmby. We start at 7:00 p.m. If you would like to join us, please come along. You would be most welcome.

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Monday – Friday:	7:00 a.m 6:00 p.m.	
Saturday:	7:00 a.m 12:30 p.m.	
Sunday:	Closed all day	

Lunchtime closing: 12:30 p.m. – 1:30 p.m. on weekdays.

Morning newspapers delivered to: Glentham, Bishop Norton, Normanby, Owmby, Spridlington, Hackthorn.

Contact us: High Street, Glentham, LN8 2EQ.

Telephone/fax: 01673 878474

PRAYER FOCUS FOR FEBRUARY

This month we focus on the National Health Service and the crisis it is in.

Lord, we pray for our health service.

Place your healing hands on those who are in hospital and in pain,

Give comfort to those who are frightened.

And to those who are waiting too long for emergency services to respond and treatment, may they know that you stand with them and give them all peace.

For all those who work under immense pressure, give them strength and stamina

And may they know that it is You who are working through them.

Give wisdom to our government to address the many issues in the NHS.

Lord, have mercy.

FANTASTIC, FUN, FOODBANK!



In November we invited people to take part in a "Reverse Advent foodbank Calendar". Loads of people bought something every day to help Foodbank support people over the Christmas period.

The response was FANTASTIC! Overall the Owmby Group of Parishes and Springline Parish together collected enough food to provide a staggering 4,018 meals - 35% of all the food parcels handed out by Foodbank in December. That was well over a ton of food to people desperately in need at Christmas. The Owmby Group contributing 496 kg of food donations.

And some people made financial contributions - we collected about £1300!

And what's more, people enjoyed it. Several said that it was FUN.

Thank you so much for all your efforts. It meant families who wouldn't have had anything for Christmas had some treats and some staples.

If you would still like to regularly buy stuff for Foodbank most supermarkets have collecting boxes but Tesco give an extra 20% over what you give. Or you can drop it off at the various regular drop off points in each village or phone Rosemary Cox (Owmby) on 07825082604 or John Beverley (Springline) on 07792 880196.

FROM THE REGISTERS

We welcome into the family of the Church by baptism:

Inigo James Alexander Lockwood Baptised at St Hilary's Church, Spridlington on 29 October 2022



Thomas Andrew Burnett Baptised at St Hilary's Church, Spridlington on 4 December 2022

VISITING LINCOLN CATHEDRAL

The Owmby Group have two complimentary passes for Lincoln Cathedral. If you would like to borrow them please contact Cathy Andrews on 01673 861058

> The deadline for entries to the March 2023 Signpost is Wednesday the 15th of February at 6:00 p.m.

SERVICES IN FEBRUARY				
	OWMBY GROUP CHURCHES			
Sunday 5th 3rd before Lent		Holy Communion Evening Prayer	Spridlington Owmby	
Sunday 12th 2nd before Lent		Holy Communion Evening Prayer	Hackthorn Glentham	
Sunday 19th11.00 amHoly CommunionOwmbyNext before Lent				
Wednesday 22nd Ash Wednesday	9.30 am	Holy Communion and Imposition of Ashes	Owmby	
Saturday 26th 1st of Lent	11.00 am	Family Service Holy Communion Morning Prayer	Owmby Glentham Hackthorn	

On the **second Sunday** of each month, Liz Harris holds a 'Sunday Special' Sunday School at Owmby at 10.30 am. Please note, this is **not** a Service. Contact Liz for further details. (Info is on the back cover).

GLENTHAM METHODIST CHURCH (PART OF THE WOLDS & TRENT CIRCUIT)

Sunday 5th 10.30 am

Sunday 12thNo ServiceSunday 19th10.30 amMessy Church

Sunday 26th 10.30 am Circuit Service at Market Rasen

Promoting A Safer Church

The care and protection of children, young people and adults involved in church activities is important to us all in the Owmby Group of Parishes.

If you have any concerns please contact one of the following:

Owmby Group Safeguarding Officer:

Shirley Keyes - 07919 519308 - shirley.keyes@outlook.com

Diocesan Safeguarding Officer:

Jack Redeyoff - 07885 999907 - safeguarding@lincoln.anglican.org

Glentham Chapel Safeguarding Contacts:

Sheena Grebby - 01673 878578

Wolds and Trent Circuit Safeguarding Representative: Karen Elvidge - 07754 533542 - wtsafeguarding@gmail.com

Ministers for Wolds and Trent Circuit:

Rev Heather Wilson - 01673 843362 & Rev Louise Carr - 01427 615184

District Safeguarding Officer (Safeguarding in Lincolnshire): Howard Smedley - 07758 239286 or 01636 815319

"Your people will rebuild the ancient ruins and will raise up the age-old foundations; you will be called Repairer of Broken Walls, Restorer of Streets with Dwellings."

Isaiah 58:12 (NIV)

Richard Alderson



If you have news, an article or story, or are holding an event you feel would be of interest to other local residents, please contact Steve, the editor.



ST PETER'S CHURCH, GLENTHAM

Continuing thanks for those supporting the church through the West Lindsey community lottery. There were 84 winners in the 5 weeks up to the 14th January and 4 of those are supporters of St Peter's Church. A random draw took place on the 17th December and a prize of a £1,000 John Lewis voucher was won. The next special prize is a year's supply of food from 'Hello Fresh' and all tickets in the draw on the 25th February will be eligible to win this prize. The services at St Peter's Church return to normal with Evening Prayer on the second Sunday and Holy Communion on the 4th Sunday. There is, however a special service to mark the beginning of Lent on Ash Wednesday, which is the 22nd February.

Robert Rowe, Churchwarden, St Peter's Church.

SIGNPOST MAGAZINE

Volunteers are welcomed to assist in the distribution of Signpost. If you can spare a couple of hours or so a month to help with the delivering of the magazine, please contact one of the people below.

If you are in the Glentham area call Hilary on 01673 878733. Those of you in other areas can contact one of the distribution team - Liz on 01673 878829 or Keith on 01673 878947. Alternatively, send an email to



signpost@owmbygroup.co.uk and Steve will forward it on.

Many thanks for your continued support of Signpost Magazine. It is the tremendous help we get from our volunteers, advertisers and supporters that keeps the Signpost dropping through your letter box each month!

SURROUNDING AREAS

WELTON VILLAGE LIBRARY AND COMMUNITY HUB

Based at Manor Park, Hackthorn Road Welton LN2 3PA

Our opening hours are Monday: 12noon to 5pm, Tuesday: 9:30am to 2:30pm, Wednesday & Saturday: 10am to 12 noon (excluding Bank and Public Holidays)

In December we were delighted to welcome so many children and their families to our craft and storytelling afternoon. Everyone enjoyed making angels and icing biscuits. As always Linda McCree did an amazing job. Watch out for details of our next craft events.

Looking forward we have the following Community Hub Talks

Lindsey

live

Tuesday 28th February 2pm. A Chicken and Egg Story - How Local Villages Helped in World War 1. We are pleased to welcome Hazel Barnard as the speaker.

Tuesday 21st March 2pm. Commonwealth War Graves Commission. We are pleased to welcome David Inglesby as the speaker.

Admission to both events is free, library membership is not required. There will be a retiring collection.

Date for your diary - Book Chat. Tuesday 21st February at 10.30 pm. This is an informal chat, an opportunity to discuss book recommendations, talk about your latest read or anything bookish! Tea and coffee provided. Free and open to everyone. At our first Book Chat we discussed audiobooks; popular authors; how to use your library membership and exchanged book recommendations.

Just mentioning our warm environment - please remember that as well as using one of our public computers to browse the internet, you are very welcome to come in and find a book, or bring your own, and sit and read at any time the library is open. For children we have a table where they can sit and crayon, read or just take time to look at any of our books aimed at their age group from new readers through to teenagers. We are a free local resource for local people, not everything requires membership and where it does you can join easily for free - please drop in for a chat with one of our friendly volunteers if you wish to find out more.

Mike Hubbert - Library Volunteer Coordinator

Newsletter for February 2023

learn, **augh**, For those who don't know already, u3a is a self-help organisation for people no longer in full time employment, providing educational,

creative and leisure opportunities to LEARN, LAUGH and LIVE in a friendly environment. We offer numerous interest groups and activities including holidays and visits. Once you're a member of one u3a you can participate in activities organised by any u3a in the country depending on availability.

Drawing upon the knowledge, experience and skills of our own members we provide many interest groups and welcome any suggestions for new groups. Check out our website lindseyu3a.org.uk for a comprehensive list of interests.

If you wish to know more about Lindsey u3a you will be given a warm welcome at one of our monthly meetings. Let us know at Reception if you are new and one of our friendly 'Greeters' will show you round and answer any questions. We meet at Welton Village Hall on the first Thursday of the month. Doors open at 9.45am for a cup of tea/coffee & a biscuit followed by a speaker at 10.30am. Our next meeting is on 2nd February when the speaker will be Tom Lane talking about "The Farming Year" and on 2nd March Barbara Myer will be presenting "Wildlife Photography".

Another opportunity to find out more about Lindsey u3a is to attend our coffee morning at "The Gardeners' Retreat", Scothern Nurseries, usually held on the 4th Thursday of the month at 10.15am. The next one will be on 23rd February so, if you want to know more about us or if you're already a member, join us for a cuppa and a chat.

Details about our meetings, our many group activities and all up to date information can be found on our website: www.lindseyu3a.org.uk

Should you require any further information about Lindsey u3a please do not hesitate to contact me - Mandy Murphy - Chairman. Email: mandy.murphy1396@gmail.com Tel: 01673 565295

WELTON PATIENT AND DOCTORS ASSOCIATION

The Christmas raffle was drawn on Friday 16th December and 42 prizes were distributed to the lucky winners. Thank you to all who donated prizes the top 3 being from Simon Carter- SCIS Computer Services, Market Rasen Golf Club and Chestnut Homes plus many other businesses and individuals. Thankyou also to all who bought tickets resulting in a final profit for PDA funds of £2526 which is an all-time record! Final thanks to Peter and Katrina Morton and Jan Sims who drove around like little elf helpers delivering the prizes!

Next, I have an appeal for HELP! The PDA Committee needs a secretary and a few new Committee members if anyone is interested. We meet on the 1st Thursday of alternate months at the Health Centre at 7.30pm. If anyone would like to chat about what's involved, please give me a call and then maybe come to a meeting to see us in action!

Following a recent Committee meeting we have taken the decision not to collect bric a brac for sale at the Autumn Fayre this year. Instead, we are going to hold a Craft Fayre with the addition of games, raffle, tombola, cakes etc and the café which always proves very popular.

Finally, some statistics which I hope that everyone will take the time to read as I'm sure many people, myself included, will be surprised by the figures shown.

The Practice has looked back at the AskMyGP feedback trends for the last 12 months for which 75% of patients said it was a better system, 19% said it was the same and 6% said worse (798 sample). Also looking at the Friends and Family Test Feedback, this recorded that 82% of patients would recommend the Practice as Very Good, 10% as Good, 4% as neither good nor bad, 2% as Poor and 2% as Very Poor (810 sample). The Practice and committee were pleased with these results although do appreciate the frustrations of accessing AskMYGP on busy days.

The Practice provided some statistics for the month of December 2022 (duration: 20 working days):

- 2177 patients were seen face to face (not including those via AskMyGP)
- 529 patients were consulted over the telephone (not including those via AskMyGP)
- 2223 patients were triaged via AskMyGP which resulted in 1045 patients being seen face to face, 801 patients receiving a telephone consultation and 354 patients receiving an email message. In addition to this there is the reviewing and filing of test results, authorising prescriptions, completing referrals, reviewing, and processing incoming letters, any other administration and attending meetings.
- We had 137 'did not attends' (equates to almost 7 per day!). The committee feel that it is important that patients are aware of these figures. If you need to cancel an appointment, leaving it free for another patient, you can do so by ringing 862232 OUT OF HOURS ONLY and choose the option to cancel an appointment or TEXT ONLY 07930 880337. This is for cancellation only nothing else.

Any further information on any of the above don't hesitate to give me a call on 862570.

Janet Goddard

BISHOP NORTON WEDNESDAY LUNCHES

Two course home-cooked meal with tea or coffee served in the village hall at 12 Noon £5.00 PER PERSON

The next dates for lunches are 8th February and 8th March

EVERYONE WELCOME!

Please ring at least four days in advance if you are NOT attending

Karen 01673 818798

Bishop Norton Village Hall on Saturday 18th March at 7:30 p.m.

BLUESTONE ROAD

Chicago Blues Band

Tickets £7.00 per person to include hot supper - Please bring your own drinks.

To book tickets please ring Karen on 818798 or 818372

POE	TRY
Getting Old by	Janet Simister
I look in the mirror and what do I see, A body that's changing quite rapidly, I see all the wrinkles and greying hair, And I ask, "Is that really me there?"	A fite
My skin once nice and tight, Is now saggy and loose, And I'm losing height! My legs were shapely and long. Now look like satnav gone wrong. I can't wear heels like I wore in my youth. The winkle pickers that pinched our toes, With Italian suits - oh, how I loved those. The teddy boys too were our era. With their drainpipes and brothel creepers.	STATES OF STATES
Their hair styled into a DA. Or a Tony Curtis, the star of the day. We listened to skiffle and rock 'n' roll. All that jive and twist, has it taken it's toll? Oh how things have changed. Not always for good. But everything's working as it should. So what you see is what you get.	
I haven't resorted to plastic - yet!	

THOUGHT FOR THE MONTH

A young couple moved into a new neighbourhood.

The next morning while they were eating breakfast, the young woman saw her neighbour hanging the washing outside.

"That laundry is not very clean; she doesn't know how to wash correctly. Perhaps she needs better laundry soap."

Her husband looked on, remaining silent.

Every time her neighbour hung her washing out to dry, the young woman made the same comments.

A month later, the woman was surprised to see a nice clean wash on the line and said to her husband, "Look, she's finally learned how to wash correctly. I wonder who taught her this?"

The husband replied, "I got up early this morning and cleaned our windows."

And so it is with life...

What we see when watching others depends on the clarity of the window through which we look.

So don't be too quick to judge others, especially if your perspective of life is clouded by anger, jealousy, negativity or unfulfilled desires.

"Judging a person does not define who they are. It defines who you are."

Paulo Coelho

If you have a story, saying, poem, etc you think would be suitable for "Thought For The Month", please send it to the editor.



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Christopher Allen Mobile Foot Healthcare Practitioner

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LOCAL BUS TIMETABLE				
Waddingham - Lincoln Wednesdays Only		Lincoln - Waddingham Wednesdays Only		
162 operated by Stagecoach 162 operated by Stagecoach				
Waddingham, adj Marquis Of Granby PH	09:30	Lincoln Central Bus Station (Bay N)	13:30	
Snitterby, opp Royal Oak Inn	09:33	Ermine West, adj Ruckland Avenue	13:37	
Bishop Norton, opp St Peter's Church	09:38	Hackthorn, adj War Memorial	13:55	
Glentham, opp The Old Parsonage	09:43	Spridlington, opp Bus Shelter	14:03	
Normanby by Spital, opp Church	09:48	Owmby by Spital, opp Surgery	14:10	
Owmby by Spital, adj Surgery	09:52	Normanby by Spital, adj Church	14:12	
Spridlington, at Bus Shelter	09:57	Glentham, adj The Old Parsonage	14:17	
Hackthorn, opp War Memorial	10:05	Bishop Norton, adj St Peter's Church	14:22	
Ermine West, opp Ruckland Avenue	10:18	Snitterby, adj Royal Oak Inn	14:27	
Lincoln Central Bus Station (Bay N)	10:30	Waddingham, opp Marquis Of Granby PH	14:30	

POST OFFICE OPENING TIMES

Glentham	Monday	09:00 - 11:30
Gientham	Thursday	14:00 - 16:00
Normanby & Owmby 01673 878353	Monday - Friday	07:30 - 19:30
	Saturday	08:30 - 19:30
	Sunday	09:00 - 16:00

MOBILE LIBRARY

Normanby by Spital	manby by Spital Council Houses 12:15 - 12:45 Wednesdays Feb 1st &			
Hackthorn School 15:30 - 16:00 Wednesdays Feb 8th &			Wednesdays Feb 8th & Mar 8th	
Full datails, anguirias and ranawals, 01522 782010				

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Glentham	Helen Pitman - helenspitman@gmail.com	07955 797393
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Normanby-by-Spital	Julie Haycraft - nbyspc@gmail.com	07766 396061
Owmby-by-Spital	Julie Haycraft - owmbybyspitalparishcouncil@gmail.com	07766 396061
Spridlington	Helen Pitman - spridlingtonpc@gmail.com	07955 797393
_	SIGNPOST TEAM	-
Editor/Treasurer	Steve Harvey - signpost@owmbygroup.co.uk	07835 429439
D' (1 (Liz Harris - lizziejharris@outlook.com	01673 878829
Distribution	Keith Hanson	01673 878947

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