

Every year on the second Sunday of February (February 11th in 2024), the **International Day of Prayer for Autism and Asperger Syndrome** raises awareness for these developmental disorders.



The day is also known as Autism Sunday.

According to WHO, about one in 270 people in the world has Autism Spectrum Disorder (ASD).



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FEBRUARY'S LETTER FROM THE MINISTRY TEAM

Are you, like me, still getting used to this New Year and having to consciously remember to write 2024 instead of 2023? For many people, the beginning of a new year is a time to make resolutions in the shape of promises to bring some sort of change in their lives. Maybe you have made such resolutions, and if you have, are you persevering with them?

Many people choose a new year to re-evaluate their lifestyle, their work/life balance and begin to set new goals for the future. A new year gives an opportunity to press the reset button, by making new year resolutions.

I haven't made any specific resolutions this year, but I have in the past. One year there was the resolution to exercise more and so I joined a gym. That lasted about 6 months (a very expensive resolution!) Another year I decided to lose a little weight and joined Weightwatchers. That lasted longer than 6 months but was another decision that drained the purse. (Well, how can you lose weight when there is still Christmas Cake, Puddings and biscuits that need eating?) I could go on but you get the drift of how successful I have been with making and keeping resolutions; The motivation behind making new year resolutions, or decisions, can often be a desire to make changes in order to improve life.

Today, before I began writing this letter, I took a 10-minute walk along one of the paths in our village. It had been a dreary week with dark days, rain and wind that never seem to end, with a backdrop of fields that have become temporary lakes. And yet, as I walked and looked around, I felt a sense of renewal. Bulbs that have lain dormant over winter are now springing up in the gardens; winter Jasmin gave a cheerful splash of colour against a wall; there is new growth on the trees, especially the Horse Chestnut Tree at the bottom of my garden, Here are the promises that better, brighter days are ahead. It was a solitary walk, without any interruptions and it gave me an opportunity to be mindful of the beauty and goodness of God's love that surround us. Although I haven't made any specific new year resolutions this year, my ten minutes of quietness and mindfulness helped to cleanse my body, mind, and soul. As little as ten minutes may encourage each of us to persevere in making small changes to our lives.

Ten minutes of mindfulness may turn into a resolution that will become a turning point in life. You don't need to be a member of a gym or wear special clothing. Simply look around, be aware of your surroundings, let your thoughts take you where you want to go and be aware that God's love never waivers.

The Mindful Mile: On the second Tuesday of each month, you can take a moment out of a busy day to reconnect with the outdoors as you are led to complete 3 laps of The Cathedral. There is a gentle pace, and a range of topics of interest. Afterwards you are welcome to join the group for a hot drink in the Cathedral.

Meet at the West Front of the Cathedral at 12.30pm. This month: Tuesday 13 February. Find out more at https://lincolncathedral.com/events/the-mindful-mile-february/

I wish everyone a happy and healthy new year and pray that 2024 will be a time of new beginnings and new hopes when we can all look forward to better times.

Anne Hunter

Thought for today (and everyday): God didn't add another day to your life because you needed it. He added it because someone needed you.



Hackthorn Estate LN2 3PQ

HACKTHORN & COLD HANWORTH

HACKTHORN C. OF E. PRIMARY SCHOOL

Before we start looking at this term, we need to celebrate the incredible singing from the children at the end of the autumn term.

On our last day before Christmas the whole school and community came together at Hackthorn church for our seasonal service. The children raised the roof with their singing, piano accompaniment and bell plates. The choir's first outing in front of a live audience was a joy and their songs, Seven Good Joys and the South African song Kuyimba were enjoyed by all. The Friends of Hackthorn School group were so moved by the performance that they decided to treat the children to new playground equipment.

The start of our new term has been full of laughter, as children try to master their new pogo sticks, stilts and other exciting playground toys.

As we write, the school is again alive with music, as KS2 prepare for their Young Voices concert in February. It is an incredible opportunity to learn a variety of modern and classic songs whilst being able to eventually experience being part of a 5000+ children's choir. If all schools sound like Hackthorn, parents, visitors and other concert goers are going to have a very entertaining evening at Sheffield Arena.

KS1 and reception have enjoyed their first visit of the term to Witham Hill Gymnastics. It was great to see the youngest members of the class gaining confidence in their own abilities from the beginning to the end of the lesson. The coaches were blown away by their listening skills and perseverance. KS1 and Reception will enjoy this opportunity until half term, when KS2 take over for their time at Witham Hill.

KS2 have embarked on their latest DT projects. Years 3 and 4 have started preparing for their pop-up books and have this week practised different mechanisms that could be used in their final design. Years 5 and 6 were tasked with only a few items, including a 25cm piece of tape and art straws. Working in teams, they had to design the highest structure they could. Many managed to gain height whilst remain standing. Their bridge building structures will be something to look forward to.

Although we could just look out the window to give us our answer, KS1 have begun studying weather and the seasons. Luckily, we are going to collect data for temperature and build a rain gauge. We feel we are going to make the most of these devices over the next few weeks!

If you would like to come and join us for an afternoon of craft and seasonal storytelling, we will be holding our Easter Preschool activity afternoon on Thursday 21st March from 1:30-2:30. This is a stay and play session with lots to do. Please contact the school for more details and to book a place.

HACKTHORN COFFEE MORNING

Hackthorn Village Hall

Hackthorn Village Hall Committee and Gardening Club invite you to our Coffee Morning on Saturday 2nd March 10.00 am to 12.00 noon.

Please come along and enjoy good company and a bacon butty, filter coffee, tea and biscuits.

This will also be an opportunity for you to look at our exciting ideas for the rejuvenation of the Village Hall, following the repair of the roof, and hopefully to volunteer to get involved in the refurbishment of our hall.



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SPRIDLINGTON

<u>First Friday Club</u>

Spridlington's *First Friday Club* is a monthly village get-together over a few drinks.

The next *First Friday Club* is on February 2nd.

Our next get togethers will be on March, April & May

Villagers, if you wish to join us, you would be most welcome.

Please bring a bottle, some nibbles and a small cash donation

to cover hire costs. For more information email spridsocial@gmail.com

St Hilary's Church Roving Lunch

Sunday 25th February 2024

Come & join us as we move around the village for a delicious Roving Lunch.

We meet in Spridlington Village Hall for wine and nibbles at 11.45am for 12.00 noon before moving to different houses in the village for starters and main courses. Dessert and coffee is then served in the village hall.

Lunch will be followed by Songs of Praise in the church at 4.00pm.

Tickets are £15.00 and must be booked in advance no later than 19th February by calling Claire on 01673 861127 (email: cemarris@gmail.com) or Judith on 01673 861426

If you feel you would like to host either a starter or a main course, please contact Claire for further information.

Proceeds in support of St. Hilary's Church.

SPRIDLINGTON PARISH COUNCIL NEWS

Lincolnshire Road Safety Partnership carried out a survey on the 17th November 2023 for a full seven day period calibrating the speed of vehicles travelling in and out of Spridlington on both the Cliff Road and Owmby Road.

Their data showed that 72.3% of vehicles travelling along the Cliff Road towards the A15 were speeding above the 30mph limit as were 53.4% of those vehicles travelling into the village from the A15.

Figures for the Owmby Road showed 40.4% of vehicles travelling out of the village towards Saxby were speeding above the 30mph limit as were 24.7% of vehicles travelling into the village in the opposite direction.

Full data sets for both locations can be viewed on the Parish Council website at

https://spridlington.parish.lincolnshire.gov.uk- and also on the Village Notice Board.

Details of the surveys have been shared with the Neighbourhood Policing Team and the Roads Policing Unit for them to undertake enforcement when resourcing allows.

Martin Marris Chairman Spridlington Parish Council

The deadline for entries to the March 2024 Signpost is Thursday the 15th of February at 6:00 p.m.







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NORMANBY & OWMBY

¥ <u>*</u>	LATEST WHIST DRIVE RESULTS			
1st Lady	Christine Taylor	2nd Lady	Jane Coulson	
1st Gent	David Coulson	2nd Gent	Alan Dawson	
Low Score	Marilyn Coles Brian Jois	Near Score	Carol Haycocks Liz Baxter	
Miniature	Beryl Brittain Brian Jois	Raffle	Liz Baxter Brian Jois	

Our next whist drive will be on **Wednesday 21st February** at the home of Richard Harrison. We start at 7:00 p.m. If you would like to join us, contact Janet (janeta29@hotmail.com) for details. New players welcome.

OWMBY CHURCH COFFEE MORNINGS

THE FIRST SATURDAY OF EVERY MONTH AT 10.30 AM TIL NOON Next event is on February 3rd

Entry £2.00 per person - Children half price (toddlers free)

Entry entitles you to a cup of tea, coffee or juice, plus a choice of biscuit.



Come and enjoy some friendly company.

Parents, child minders and babies welcome to try our toddler's corner. Browse our plant stall, cake stall, book shelves and have a go at our raffle.

All proceeds to go to St. Peter and St. Paul Church.



8

Uncle Henry's Farm Shop, Butchery & Cafe

Open 9:30-4pm Monday – Sunday until 9th February then Spring/Summer opening hours from 10th Feb; 9-5pm Mon-Sunday.

Join us for breakfast, lunch & afternoon tea 7 days a week! Warm up in front of the fire in our coffee lounge (dog friendly).

Our farm shop and butchery is stocked with homemade and local food and drink products from over 45 Lincolnshire producers. Find the perfect gift and card for all ages in our giftware shop!

Tiny tots soft play is on every Tuesday in our events room; free for cafe customers to enjoy!

Visit our website for Spring & Easter event information.

Grayingham Grange Farm, Grayingham, Gainsborough, Lincs DN21 4JD



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PRAYER FOR FEBRUARY

Heavenly Father,

As we enter the month of February, we come before you with gratitude for the blessings you have bestowed upon us. Your love is our anchor, and we find solace in the knowledge that you are with us every step of the way.

In this season of love, we thank you for the ultimate expression of love— the sacrifice of your Son, Jesus Christ, for our sins. May the significance of this gift be ever-present in our hearts, guiding our actions and shaping our interactions with others.

Lord, as we navigate the challenges that lie ahead, grant us the strength to overcome obstacles and the wisdom to discern your will. May your Holy Spirit inspire and lead us in the paths of righteousness, so that our lives may be a testament to your grace.

During this month, where the world celebrates love, help us to understand and embody the true essence of love as described in 1 Corinthians 13. May we be patient, kind, and selfless in our relationships, reflecting the love you have shown us.

We lift up in prayer those who are in need, whether physically, emotionally, or spiritually. May your healing touch bring comfort and restoration to those who are suffering, and may they find hope and solace in your unfailing love.

Lord Jesus, as we approach the Lenten season, prepare our hearts for a time of reflection, repentance, and drawing closer to you. May we use this period to deepen our relationship with you and to grow in our understanding of the sacrifice you made for our salvation.

In all things, we seek your guidance and protection. Be our guiding light in the darkness, our refuge in times of trouble, and our source of joy in moments of celebration.

We offer this prayer in the name of Jesus Christ, our Lord and Savior.

Amen.

1 CORINTHIANS 13 (NIV)

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast,[b] but do not have love, I gain nothing.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. For we know in part and we prophesy in part, but when completeness comes, what is in part disappears. When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.

And now these three remain: faith, hope and love. But the greatest of these is love.

ST PETER'S CHURCH, GLENTHAM

Continuing thanks for those supporting the church through the West Lindsey community lottery. There were 53 winners in the 4 weeks up to the 13th January and 2 of these are supporters of the church. A star prize of a £3000 was won in the draw of the 23rd December and a star prize of a £1000 holiday was won in the draw of the 27th January. A guaranteed prize is included in the draw each month. The regular services continue at the church each month and an additional service on Ash Wednesday, the 14th February, is planned. Check the list of services in the Signpost for details.

Robert Rowe, Churchwarden, St Peter's Church.

SERVICES IN FEBRUARY			
	0	WMBY GROUP CHURCHES	
Sunday 4th 2nd before Lent		Holy Communion Evening Prayer	Spridlington Owmby
Sunday 11th Next before Lent		Holy Communion Evening Prayer	Hackthorn Glentham
Wednesday 14th Ash Wednesday	9.30 am	Holy Communion / Imposition of Ashes	Glentham
Sunday 18th Lent 1	11.00 am	Holy Communion	Owmby
Sunday 25th Lent 2	11.00 am 11.00 am	Family Service Holy Communion Morning Prayer Songs of Praise (following Roving Lunch)	Owmby Glentham Hackthorn Spridlington

On the second Sunday of each month, Liz Harris holds a 'Sunday Special' Sunday School at Owmby at 10.30 am. Please note, this is not a Service. Contact Liz for further details. (Info is on the back cover).

GLENTHAM METHODIST CHAPEL

Sunday 4th Sunday 18th 10.30 am

Richard Alderson

6.00 am Messy Church

VISITING LINCOLN CATHEDRAL

The Owmby Group have two complimentary passes for Lincoln Cathedral. If you would like to borrow them please contact Cathy Andrews on 01673 861058

Reverse Advent Food Calendar (Christmas 2023)

The collection of Christmas foods for Lincoln food bank came to 500kg - with monetary value of £1,260.

This is the total for the Owmby Group of Parishes and also Springline Parish. The Owmby Group contributed 241.6kg

Well done everyone!

They are always so very grateful for donations throughout the year - which has dwindled under the current economic time. As a reminder the drop off points are:

Hackthorn - Cathy Andrews, Stone Cottage, Hackthorn and Church porch **Spridlington** - Church porch (Church is open during the day)

Owmby/Normanby - Village shop

Saxby, East/West Firsby - Rosemary Cox, Manor Farm, East Firsby. Glentham - Peter and Jenny Atkinson, 'Tilsit', Bishop Norton Road, Glentham.

The deadline for entries to the March 2024 Signpost is Thursday the 15th of February at 6:00 p.m.

"A new command I give you: Love one another. As I have loved you, so you must love one another." John 13:34 (NIV)

GLENTHAM & CAENBY

CROT & CRATTEG

Tuesdays 6th & 20th February from 2:00p.m. - 4:00p.m.



Glentham Village Hall

Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. (Entry fee: £2.00) Everyone Welcome



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'Nags Head' at Middle Rasen Men's Breakfast

Saturday 10th February at 9:00am

An opportunity for men to meet and chat over a delicious full English breakfast! Please Phone Trevor Faulkner on 07510 925296 to reserve a place Organised by Glentham Methodist Chapel

UPCOMING EVENTS AT GLENTHAM VILLAGE HALL

FEBRUARY 15th Rose Bowl Quiz.

FEBRUARY 24th - from 7.00pm

JAZZ NIGHT, George Hoffman, Jazz Singer and Pianist, for the evening. £10 per ticket or table of 6 for £50. Includes live music and sharing platters. This is a bookable event. Contact Rebecca on 07867 641707 to book. Or alternatively e-mail glenthamVH@outlook.com

MARCH 30th - from 4.30pm.

Family Games Night, usual bar and Lincolnshire Fryer Fish and Chip van (between 5-8pm).

APRIL 18th Rose Bowl Quiz.

APRIL 27th - from 4.30pm. **Family Games Night**, usual bar and games, plus Chow Pizza Van (between 5-8pm).

MAY 25th - from 4.30pm. Family Games Night, usual bar and games plus Banzai Street Food van (between 5-8pm).

Further information about the future events will appear in the relevant Signpost.

If you have news, an article or story, or are holding an event you feel would be of interest to other local residents, please contact Steve, the editor.





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Saturday:	7:00 a.m 12:30 p.m.	
Sunday:	Closed all day	

Lunchtime closing: 12:30 p.m. – 1:30 p.m. on weekdays.

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ALTERATIONS

REPAIRS including ZIPS REPLACED. TROUSERS, DRESSES SLEEVES etc SHORTENED.



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2023 is Lincs & Notts Air Ambulance's Busiest Year in History

Lincs & Notts Air Ambulance has experienced its busiest year on record, responding to 1,771 missions in the last 12 months.

The charity's crews of pilots, doctors and paramedics responded to 541 missions in Nottinghamshire, 1,044 in Lincolnshire and the remaining 181in the surrounding counties.

Serious medical injuries accounted for 676 missions, followed by 488 road traffic incidents as well as 158 assaults and 50 sporting or leisure related injuries. The majority of patients were between 40 and 60 years of age.

Critically ill and injured patients were taken to hospitals including Nottingham's Queen's Medical Centre, Hull Royal Infirmary, Sheffield Northern General and Lincoln County Hospital.

Christmas and New Year was particularly busy for the crews. On average LNAA teams respond to 4 missions per day, but over the nine days of the festive period they received 43 emergency calls to attend patients needing a range of life-saving treatments including blood transfusions, anaesthetics, and life-saving drugs. And between Christmas Eve and Boxing Day, whilst families across Lines and Notts celebrated at home, crews responded to 17 incidents making 2023 the busiest Christmas ever.

CEO, Karen Jobling said "Each year the number of missions we attend increases. Last year we responded to 151 more missions than in 2022, treating critically ill and injured patients across Lincolnshire and Nottinghamshire."

Our Nottinghamshire critical care car celebrated its 4th birthday in September and since its launch in 2019 has responded to 1,304 missions. A new car arrived in November and soon became a regular sight in Nottingham, taking our doctor/paramedic team swiftly to the scene of incidents. Last year our Notts critical care car responded to 436 calls in the county. As a result of this increase in demand our Notts crew has expanded its presence and now operates every Thursday and Friday from 7am-7pm and Saturday and Sunday 7pm-7am.

Caring for a patient does not stop when the doctors and paramedics transfer them to hospital. LNAA's Aftercare Team continued to grow from strength to strength and the team reached out to 916 patients and/or their families during 2023. From providing support and arranging 58 visits to HQ to being a listening ear, the team helped many patients come to terms with their injuries and cope with the impact of what happened to them.

Karen summed up by adding: "We start a new year with great optimism. 2024 is the 30th anniversary for Lincs & Notts Air Ambulance and we have ambitious plans for the next 12 months so that we can be by the side of more patients. As a charity, we receive no direct government funding for our operations and we rely on the support people in every community in Lincolnshire and Nottinghamshire for the £10million needed to operate 24 hours of the day, every day of the year. As demand for our service grows, we know that costs will also increase, and we thank everyone who has supported us in whatever way and enabled us to be by the side of patients, day and night."

SURROUNDING AREAS

WELTON VILLAGE LIBRARY AND COMMUNITY HUB

Based at Manor Park, Hackthorn Road Welton LN2 3PA

Our opening hours are Monday: 12noon to 5pm, Tuesday: 9:30am to 2:30pm, Wednesday & Saturday: 10am to 12 noon (Christmas and New Year arrangements detailed below)

We start this month with an account by one of our volunteers that will hopefully inspire anyone who is unsure about picking up a book because they think reading may not be for them:

"One of our regular visitors comes to the library with his partner. He told me on his first visit that he doesn't read books. We have had many wonderful conversations about the possible joy he might find in a book. We've discussed alternative formats, different genres. Last year he popped into the library and told us he had read a book - and enjoyed it!

Last week he popped in again and said he was up at 6am that morning finishing another book. He had enjoyed this one too! He praised the enthusiasm of the staff which had been a significant encouragement and he chose another book!"

All the library staff are volunteers and this kind of feedback really makes our day!

If you are a reluctant reader and would like some encouragement to join the library, to pick up and read a book please come and visit. We would love to encourage you!

Remember; we provide a free service that means you can give any type of book a try - at no cost to you.

Looking now to younger members of the community, we have a storytime and craft event on **Saturday 17th February** at 10:30am. Aimed at accompanied children under 10, we will be helping to make friendship boxes. Please note this may include cereal boxes so may be unsuitable for those with nut allergies. A free event for members and non members alike.

Ever popular local speaker Elaine Johnson joins us on **Tuesday 27th February** at 2pm, this time her subject is *Lunacy at the Lawn*, and as always, this promises to be both informative and thought provoking. A community hub event open to all.

Mike Hubbert - Library Volunteer Coordinator

BISHOP NORTON WEDNESDAY LUNCHES

Two course home-cooked meal with tea or coffee served in the village hall at 12 Noon $\pounds 6.00$ PER PERSON

The dates for the lunches are 14th February & 6th March.

EVERYONE WELCOME!

Please ring at least four days in advance if you are NOT attending

Karen 01673 818798

Do you enjoy singing? Why not try us?

CABRA SINGERS meet on Wednesday evenings from 6.45 pm to 8.45 pm in The Old School at Dunholme.

A sociable mixed 4-part choir with a sense of commitment and fun, singing a wide range of music, something for everyone.

No audition!

We have a fantastic new Musical Director and we'd love you to come along for a 'taster' session.

Bring your friends...

Contact Clare for further details - 01673 861698 / clarewallis@btinternet.com

WELTON PATIENT AND DOCTORS ASSOCIATION

Our next event is the Spring lunch to be held on **Friday 19th April** in Welton Village Hall. The menu will be beef pie, potatoes, carrots and peas followed by trifle or homemade apple crumble and custard. Please note that there will be NO bar available but please feel free to bring your own drinks, alcoholic or not. We will provide the glasses and there will be orange juice and jugs of water on the table.

We are hoping to provide entertainment as yet not confirmed. Please see the March magazine for further details!

As below, the lunch tickets will be on sale from **Monday 19th February** and, as we are limited to seating 100, don't leave it too late if you hope to join us.

Many of the donated audio books have now been purchased and those remaining are on cassette tape. If anyone is interested in having a look, or can make use of them, please give me a call. There are probably between 70 and 80 (I haven't found time to go through them yet!!) A donation to PDA funds is all I ask. Collection/ viewing is in Scothern.

Any further information on any of the above don't hesitate to give me a call on 01673 862570.

Lindsey

Janet Goddard

VALENTINE'S AT BISHOP NORTON VILLAGE HALL Friday 9th February 2024 7:30pm

Tickets £15 per person

3 Course home-cooked meal & a glass of wine.

There will be a donation bar for further wine.

To book your table, please ring Karen 818798 or Ros 818372

Newsletter for February 2024

Use the most of life once you're no longer in full time work by exploring new ideas, skills and interests with your local u3a.

If you decide to come along for a look, tell someone on reception you are new and one of our friendly greeters will show you round and answer any questions.

On **1st February** our speaker will be Tom Lane, well known local folk personality on Radio Lincolnshire and now on Lincoln City Radio. Along with folk singing duo Nigel & Teri their presentation "*Re-imagining Lincolnshire*" was first performed for a Heritage Lincolnshire Day.

Our Annual General Meeting will be held on **7th March** followed by a talk by Diane Grimshaw entitled "*Being Joyce Grenfell*" which should be very entertaining.

We offer a wide range of interest groups run by members for members. Check out our website lindseyu3a.org.uk to see if anything appeals to you. u3a members can also join various online talks, workshops and courses. You can find out more from www.u3a.org.uk

If you can't come to one of our general meetings you could join us at the 'Gardeners' Retreat' tearoom at Scothern Nurseries for a cuppa and a chat at 10.15am on the **fourth Thursday of the month**. The next coffee morning will take place on **22nd February**, **2024**. Whether you're a newcomer wanting to know more about Lindsey u3a or if you're already a member and just fancy a cuppa, maybe a scone and a chat do come along. Everyone is welcome.

Everything you need to know about Lindsey u3a can be found on our website lindseyu3a.org.uk. You will find a comprehensive list of our interest groups, where and when they meet plus news about visits of local interest or theatre visits and holidays arranged by members for members.

Should you require any further information about Lindsey u3a please do not hesitate to contact me - Mandy Murphy. Email: mandy.murphy1396@gmail.com Tel: 01673 565295

LOCAL BUS TIMETABLE			
Waddingham - Lincoln Wednesdays Only		Lincoln - Waddingham Wednesdays Only	
162 operated by Stagecoach		162 operated by Stagecoach	
Waddingham, adj Marquis Of Granby PH	09:30	Lincoln Central Bus Station (Bay N)	13:30
Snitterby, opp Royal Oak Inn	09:33	Ermine West, adj Ruckland Avenue	13:37
Bishop Norton, opp St Peter's Church	09:38	Hackthorn, adj War Memorial	13:55
Glentham, opp The Old Parsonage	09:43	Spridlington, opp Bus Shelter	14:03
Normanby by Spital, opp Church	09:48	Owmby by Spital, opp Surgery	14:10
Owmby by Spital, adj Surgery	09:52	Normanby by Spital, adj Church	14:12
Spridlington, at Bus Shelter	09:57	Glentham, adj The Old Parsonage	14:17
Hackthorn, opp War Memorial	10:05	Bishop Norton, adj St Peter's Church	14:22
Ermine West, opp Ruckland Avenue	10:18	Snitterby, adj Royal Oak Inn	14:27
Lincoln Central Bus Station (Bay N)	10:30	Waddingham, opp Marquis Of Granby PH	14:30

POST OFFICE OPENING TIMES

Glentham	Monday	09:00 - 11:30
	Thursday	14:00 - 16:00
Normanby & Owmby 01673 878353	Monday - Friday	07:30 - 19:30
	Saturday	08:30 - 19:30
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Normanby by Spital Council Houses 12:15 - 12:45 Wednesday February 28th					
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Age Concern	01507 524798	Welton	01673 862232
Help the Aged	0808 8006565		
Royal British Legion	01673 860904	Environment Agency	0800 807060
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If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the news section of the website. Send an email to signpost@owmbygroup.co.uk with all the details.

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