

The Owmbly Group Community Magazine

SIGNPOST

June 2023

Volume 32 Issue 3



Father's Day

Sunday the 18th

BRING YOUR

TO WORK DAY

Bring Your Dog to Work Day
Friday the 23rd

Armed Forces Day in the UK
Saturday the 24th



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24 JUNE 2023

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JUNE'S MINISTRY TEAM LETTER

My birthday is in June and every year, my father used to sing "June is busting out all over, all over the meadow and the hills". It is strange, therefore, that they did not name me June. However, I think the month which has truly burst out all over this year, is May. We have blossom on all our trees and when I walk in the garden and sit under our flowering cherry tree, I am snowed upon by fragrant, colourful petals.

I have sat on our bench and have studied one or two of the blossoms from the tree. They are extraordinary tiny little creations. The perfume alone, is glorious, the soft satiny petals are the softest things I can think of and the colour shimmers in the sun. Who, looking at anything like these little flowers, can doubt that there is a great Creator who made all life on earth, from the tallest trees in the Canadian Forests to the smallest beautiful blue little flowers on forget-me-nots. From the tallest and strongest of human beings, to the tiniest of babies.

The birds are nest building and egg laying, so there will be young ones soon, This is when we keep our cats indoors, for most of the day to stop them predating fledglings on the ground. Our garden is full of so many different birds, my favourites are the Gold Finches, so pretty and quite tiny, especially compared to the fat pigeons, who waddle up our garden path to get a beak in on the bird table.

We are in the middle of Open Churches weekend and we are looking forward to welcoming people to see our display of a village time line. When we think of how the village has changed over the years, it amazes us. Some changes are good, but others not so. Once upon a time our little church used to be full to overflowing with Sunday worshippers. Nowadays when we get to double figures, we are happy.

We must never forget that a Church is God's House and as such we should treat it with the respect that we would treat our own homes. A Church congregation are the Church Family and, therefore, entitled to love and respect, whoever they are, wherever they come from and whatever their skin colour may be. Which is how we should treat everyone we meet and surround them all with the love of God.

I thank God that I live in this beautiful part of the world with friends, the Church family and neighbours nearby. I thank Him for the flora and the fauna. Who can resist looking at the little lambs in the field as they gambol around. Most of all, I thank Him for who He is, what He is and that He is only a prayer away. Thank you, God.

Liz Harris



Welton & District Patients & Doctors Association

Working for your community

See Welton page for more details

Thought for the day:

No matter how long you've travelled in the wrong direction,
you can always turn round.



Treasure Hunt and Cream Tea

in aid of **Hope For Justice**

www.hopeforjustice.org

Sunday 16 July around Scampton from 2pm

Teams to set off at 5 minute intervals

Please contact Joy on 07709 897688 to arrange a start time

Adults: £5 U-5s free 5-11: £2.50

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HACKTHORN & COLD HANWORTH

HACKTHORN C. OF E. PRIMARY SCHOOL

At the time of writing, Year 2 and Year 6 have just completed their SATs tests, otherwise known by Hackthorn children as 'Milk and Cookies' or 'Toast' week. We were so proud of their positive attitudes and perseverance during the tests. We know they have tried their best and that is what is most important. Social media has painted a bleak picture of SATs and the impact on children's mental health. The only stress encountered at Hackthorn was related to which topping would go on the toast or whose turn it was to wash up!

We have had many visitors in school recently, talking with staff and the pupils about our curriculum and our church distinctiveness. We received very positive feedback from them all and one Headteacher stated, "I am returning to my school feeling empowered with a renewed passion, having been here this morning." Praise indeed!

The summer term is always a busy one with sporting events, but the past few weeks have been especially exciting as we have added additional enriched learning opportunities to support our curriculum and to address our 'Developing Citizens of the Future' school priority. We were fortunate to virtually meet Dr Ayaz Bhuta MBE, Olympic gold medallist in Wheelchair Rugby. He delivered an inspiring presentation, sharing his journey of becoming a competitor in a sport commonly referred to as 'Murderball', which required tremendous courage, resilience, and determination. He encouraged the children to never give up when facing challenges.

Two different agencies visited to educate the children about environmental issues, involving a day of outdoor learning. Zoolab visited us again, with their amazing creatures and delivered a session called 'Climate Crusaders'. Y6 pupils attended the Church Schools' Festival at the Cathedral and KS2 pupils will be visiting Lincoln Mosque after half-term.

Over the next few weeks KS2 pupils will be preparing for their summer production. They have already been practising some of the songs, but the title of the production is still top secret.

We are excited about meeting our new starters. We hope that the children can cope with lots of exciting opportunities because that is what we offer at Hackthorn. If you have a child who is a preschooler and is due to start school in September 2024, then ring the school office on 01673 860295 to book a visit to see what we are all about or check us out on <https://www.hackthorn.lincs.sch.uk/>

Mrs Appleby - Headteacher

Hackthorn Lunch Club

The next Lunch Club at Hackthorn Village Hall will be on Wednesday 14th June at 12.00pm for 12.30pm.

Soup and a roll will be provided, followed by a pudding and hot drink.

All welcome, no age restriction. Donation pot - any donations gratefully received for St Michael & All Angels' Church.

Help with transport is available.

If you would like to come, please contact Anne (01673 861821) or Cathy (01673 861058) just so we have an idea of numbers to cater for. Thank you.



**The deadline for entries to the July 2023 Signpost
is Thursday the 15th of June at 6:00 p.m.**

The Lincs & Notts Air Ambulance

Delivering life-saving treatment, day and night

At a time when every second counts, the arrival of the iconic yellow helicopter of the Lincs & Notts Air Ambulance (LNAA) really can mean the difference between life and death.



Covering both Lincolnshire and Nottinghamshire, last year the LNAA team were called to 1,610 potentially life-saving missions. And this year is set to be equally as busy with the crew responding to 147 missions in April alone.

The crew are called to the most serious incidents ranging from road traffic accidents to agricultural, horse-riding and other sporting incidents. The

doctor-paramedic team are highly trained, able to administer advanced pain relief, carry out enhanced life-saving medical procedures and give blood transfusions. This level of care and the speed at which the pilots can get to patients and get them to hospital is crucial. This is especially so when patients need to be taken to a Major Trauma Centre, the nearest being either at Nottingham or Hull. In some cases, this really can make the difference between life and death.

LNAA operates a 24/7 service with the helicopter able to take to the skies from 7am until 2am the following morning. After 2am, the critical care car takes over, ensuring that the equivalent of and A&E department can be brought to an incident whatever the time of day.

But this amazing service comes at a price. For each mission costs on average £4,000. As a charity, the Lincs

& Notts Air Ambulance receives no direct government funding and is not part of the National Health Service. It relies solely on the generosity of the hundreds of volunteers, supporters and public donations to keep its helicopters flying and Critical Care Cars on the roads.



For more information on the Lincs & Notts Air Ambulance and to discover how you can play your part in helping keep this treasured emergency service operational, why not take a look at their website: ambucopter.org.uk

If you have news, an article or story, or are holding an event you feel would be of interest to other local residents, please contact Steve, the editor.

SPRIDLINGTON

First Friday Club

Spridlington's **First Friday Club** is a monthly village get-together over a few drinks.

The next **First Friday Club** is on June 2nd.

Dates for the next couple of months are:

July 7th & August 4th.

Villagers, if you wish to join us, you would be most welcome.

Please bring a bottle, some nibbles and a small cash donation to cover hire costs.

For more information email spridsocial@gmail.com



SPRIDLINGTON VILLAGE HALL RECYCLING UNIT

Are you clearing out the clutter and unworn clothes from your wardrobes and drawers ahead of the new season? Don't forget that there is a recycling unit conveniently located at the side of Spridlington Village Hall. Clean and reusable clothes, shoes, handbags, belts etc can all be recycled here (however, please do not place any rags, carpets, rugs, blankets, towels, sheets etc in the bank, thank you).

Spridlington Village Hall receives a small commission each month based on the weight of items recycled, which makes a useful addition to our income.

Please bear in mind, residents of Spridlington, that if we don't make enough money to meet our annual expenses the village hall will be lost.

Thank you for your support.

St HILARY'S COFFEE MORNING

Wednesday 14th June 2023 at 10:30 a.m.

St Hilary's Church

Raffle, bring-and-buy stall

Do come along and join us for coffee and a chat,
you will be most welcome!

Proceeds to Church Funds



If you would like to host a Coffee Morning for the Church, we would be delighted to hear from you. Please contact Claire on 862992.



Welton & District Patients & Doctors Association

Working for your community

See Welton page for more details

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NORMANBY & OWMBY

<div>♥♠</div> MAY'S WHIST DRIVE RESULTS <div>♥♠</div>			
1st Lady	Beryl Brittain	2nd Lady	Judy Taylor
1st Gent	Brian Taylor	2nd Gent	Anne Turnbull
Low Score	Marilyn Coles Brian Jois	Near Score	Marilyn Coles Brian Taylor
Miniature	Brian Taylor Judy Taylor	Raffle	Sara Carter Anne Turnbull
On Wednesday 7th June we will be at the home of Sara Carter. We start at 7:00 p.m. If you would like to join us, please come along. New players welcome.			

CALLING ALL CHILDREN

Make Sunday Special

Join us for Sunday School at Owmbly Church

WHEN? Every second Sunday of the month

TIME? From 10.30am until 11.30am



Learn about Jesus with a story from the Bible, a break for juice and biscuits, followed by Games and Crafts, Painting, Quizzes, Colouring, Card Making, Decorations and LOTS MORE.

Run by two fully CBI and Safeguarding-checked adults.
For further information contact Liz Harris on 01673 878829.

OWMBY CHURCH COFFEE MORNINGS

THE FIRST SATURDAY OF EVERY MONTH AT 10.30 AM TIL NOON

Next event is on June 3rd

Entry £2.00 per person - Children half price (toddlers free)

Entry entitles you to a cup of tea, coffee or juice, plus a choice of biscuit.



Come and enjoy some friendly company.

Parents, child minders and babies welcome to try our toddler's corner.

Browse our plant stall, cake stall, book shelves and have a go at our raffle.

All proceeds to go to St. Peter and St. Paul Church.



FACEBOOK

Like our page on Facebook at www.facebook.com/OwmblyGroup



Car Boot and Plant Sale

11.00 - 1.00 Saturday 10 June 2023



Limited pitches will be available so book early
by phoning Parish Clerk on 07766 396061



Scarecrow Festival

Saturday 2 to Sunday 10 September 2023

Family Fun Day

2.00 - 4.00 Sunday 10 September 2023



Even more activities and fun

Refreshments, games, races,
music, tombola, inter-village football match,
produce and craft competitions,
scarecrow themed fancy dress competition,
Scarecrow Festival winner announced.

See Owmbly & Normanby Community Park Facebook page for full details.

**The deadline for entries to the July 2023 Signpost
is Thursday the 15th of June at 6:00 p.m.**

PRAYER FOCUS FOR MAY

Give comfort, O Lord, to all who are torn away from their homes and their loved ones by war, famine or the cruelty of their fellows; grant that we who dwell secure in this insecure world may be generous in caring for our displaced sisters and brothers.

Quarterly Intercession Papers, No. 322

VISITING LINCOLN CATHEDRAL

The Owmbly Group have two complimentary passes for Lincoln Cathedral.
If you would like to borrow them please contact Cathy Andrews on 01673 861058

FOOD BANK DONATIONS

Each village has a drop off point which are:

Glenthams - the village shop or Peter and Jenny Atkinson, 'Tilsit', Bishop Norton Road

Hackthorn - Cathy Andrews, Stone Cottage, Main Street

Owmbly/Normanby - the village shop or Liz and Keith Harris, 'Berries', Church Lane, Owmbly

Saxby/Firsby - Robert and Rosemary Cox, Manor Farm, East Firsby

Spridlington - Porch at St Hilary's Church.

Any further enquiries please contact Rosemary Cox. 01673 878258.

FROM THE REGISTERS

We welcome into the family of the Church by baptism:

Ava Elizabeth Dennett. Baptised at St. Michael and All Angels Church, Hackthorn on April 23rd, 2023

We share in the joy of those being joined in marriage in the Church:

Michael Derrick Finney and Sally Dodson at St. Michael & All Angels, Hackthorn on Saturday 15th April 2023

Charles Edmund Tilley Lundgren and Ebony Antonia Kirk at St. Michael & All Angels, Hackthorn on Saturday 29th April 2023



SIGNPOST MAGAZINE

Volunteers are welcomed to assist in the distribution of Signpost. If you can spare a couple of hours or so a month to help with the delivering of the magazine, please contact one of the people below.

If you are in the Glenthams area call Hilary on 01673 878733. Those of you in other areas can contact one of the distribution team - Liz on 01673 878829 or Keith on 01673 878947.

Alternatively, send an email to signpost@owmblygroup.co.uk and Steve will forward it on.

Many thanks for your continued support of Signpost Magazine. It is the tremendous help we get from our volunteers, advertisers and supporters that keeps the Signpost dropping through your letter box each month!



SERVICES IN JUNE

OWMBY GROUP CHURCHES

Sunday 4th	11.00 am	Holy Communion	Spridlington
<i>Trinity</i>	6.00 pm	Evening Prayer	Owmbly
Sunday 11th	11.00 am	Holy Communion	Hackthorn
<i>Trinity 1</i>	6.00 pm	Evening Prayer	Glenthams
Sunday 18th	11.00 am	Holy Communion	Owmbly
<i>Trinity 2</i>			
Sunday 25th	11.00 am	Family Service	Owmbly
<i>Trinity 3</i>	11.00 am	Holy Communion	Glenthams
	11.00 am	Morning Prayer	Hackthorn

On the **second Sunday** of each month, Liz Harris holds a 'Sunday Special' Sunday School at Owmbly at 10.30 am. Please note, this is **not** a Service. Contact Liz for further details. (Info is on the back cover).

GLENTHAM METHODIST CHURCH (PART OF THE WOLDS & TRENT CIRCUIT)

Sunday 4th	No Service
Sunday 11th	No Service
Sunday 18th	10.30 am Messy Church
Sunday 25th	No Service

In addition to the above, a Circuit Zoom Service is being held each Sunday.

Please contact Jenny Atkinson by email (jennymarian8@gmail.com) or by telephone (01673 878806) for the meeting ID and passcode for our weekly Zoom services. I look forward to hearing from you. God bless.

Promoting A Safer Church

The care and protection of children, young people and adults involved in church activities is important to us all in the Owmbly Group of Parishes.

If you have any concerns please contact one of the following:

Owmbly Group Safeguarding Officer:

Shirley Keyes - 07919 519308 - shirley.keyes@outlook.com

Diocesan Safeguarding Officer:

Jack Redeyoff - 07885 999907 - safeguarding@lincoln.anglican.org

Glenthams Chapel Safeguarding Contacts:

Sheena Grebby - 01673 878578

Wolds and Trent Circuit Safeguarding Representative:

Karen Elvidge - 07754 533542 - wtsafeguarding@gmail.com

Ministers for Wolds and Trent Circuit:

Rev Heather Wilson - 01673 843362 & Rev Louise Carr - 01427 615184

District Safeguarding Officer (Safeguarding in Lincolnshire):

Howard Smedley - 07758 239286 or 01332 479343

"I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful" - John 15:1-2 (NIV)

GLENTHAM & CAENBY

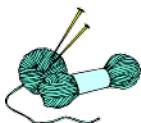
KNIT & KNATTER

Tuesdays 6th & 20th June from 2:00p.m. - 4:00p.m.

Glenham Village Hall

Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. (Entry fee: £2.00)

Everyone Welcome



St Peter's Guild

COFFEE MORNING

Tuesday 13th June at 10:30 a.m.

Sarah's Cottage, Seggimoor, Glenham

by kind invitation of Hilary Rainer

The proceeds will be in aid of Glenham Church

All Welcome



'Nags Head' at Middle Rasen

Men's Breakfast

Saturday 10th June at 9:00am

An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Trevor Faulkner on 01673 818718 to reserve a place



ROSE BOWL QUIZ

Thursday 22nd June

Glenham Village Hall

Doors open at 7:00 p.m.

A just-for-fun quiz to raise funds for the village hall.

£5.00 per person. Bring your own drinks. Buffet available.

Contact Martin Doyle on 07788 231899 if you wish to reserve a table.

"Whenever you feel like criticising anyone, just remember that all the people in this world haven't had the advantages that you've had."

~ F. Scott Fitzgerald



Jigsaw swap

**Glenthams Chapel
Saturday 24th June**

10am-12noon

**Please come for a chat over a cup of tea or coffee
and borrow a jigsaw to challenge the grey cells (or
just enjoy the chat 😊)**

We would love to see you!

For further information please contact Sheena 878578

DONATION

Many thanks to **Glenthams PCC** for their continued support of Signpost with a kind and generous donation of £100.00.

It is with such support we are able to publish and deliver community notices and events to local households each month.

To send a donation for Signpost, please email the editor at signpost@owmbygroup.co.uk for the address or bank details. Thank you.

ST PETER'S CHURCH, GLENTHAM

Continuing thanks for those supporting the church through the West Lindsey community lottery. There were 62 winners in the 4 weeks up to the 13th May including 3 supporters of the church. On the 27th May a random draw took place and one ticket holder won voucher for a European City Break to the value of £1,000.

Robert Rowe, Churchwarden, St Peter's Church.

THANK YOU

A BIG THANK YOU

To all the volunteers who greeted the visitors to St Peter's Church during the Open Churches Festival weekend. A total of £215 was raised on behalf of the church.

**The deadline for entries to the July 2023 Signpost
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The WI is a brilliant way to meet people and make new friends!

At Owmbly, Normanby & District WI we have a varied program of speakers and activities at our regular monthly meetings at Glenthams Village Hall, as well as exciting additional trips and social events.

New members are always given a warm welcome.

If you would like to come to a meeting contact Sara on 07768 700038

Our next meeting, at 7.30 on Thursday 8 June 2023 at Glenthams Village Hall will be a talk on the vital work of the volunteer BLOOD BIKERS.
Come and join us!



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To have your product or service advertised in Signpost, please contact Steve, the editor for more details.

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NATIONAL GARDEN SCHEME
Garden Open For Charity



Dunholme Lodge

Dunholme, Lincoln, LN2 3QA

Sunday 2 July
11am - 5pm

Adults £5 Children free

RAF Dunholme Lodge Museum & War Memorial, Craft Stalls.
Live Ukulele Band.

Light Refreshments



WHEELCHAIR ACCESS



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More information at ngs.org.uk

SURROUNDING AREAS



Newsletter for June 2023

Are you no longer working full time?

Are you looking for new things to do to keep your mind and body active, make new friends and have some fun? If so, why don't you come and see what goes on at Lindsey u3a? We have a great selection of interest groups you can join and activities you can take part in. We meet at Welton Village Hall on the **first Thursday** of the month. Doors open at 9.45am for a cuppa followed by a speaker at 10.30am.

Our next general meeting will be on **1st June** when one of our members, Alan Barnes will be sharing his experiences at sea in "*Confessions of a retired Coxswain*" Our speaker on **6th July** will be Lesley Clarke, a Heritage Studies graduate, telling us about "*Swanpool Garden Suburb: Lincoln's Failed Dream*"

We aim to give a warm welcome to everyone so, if you are attending one of our meetings for the first time, please inform someone on Reception and one of our friendly 'Greeters' will show you round and answer any questions.

If you can't make one of our general meetings you could join us at the '*Gardeners' Retreat*' tearoom at Scothern Nurseries for a cuppa and a chat at 10.15am on the **fourth Thursday** of the month. The next get together will take place on **22nd June** so whether you're a newcomer wanting to know more about Lindsey u3a or if you're already a member and just fancy a cuppa, maybe a scone and a chat do come along. Everyone is welcome.

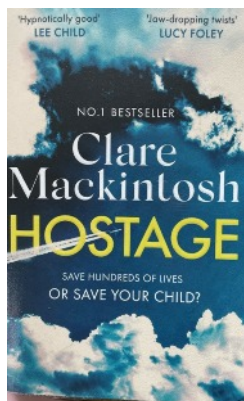
Everything you need to know about Lindsey u3a can be found on our website lindseyu3a.org.uk. You will find a comprehensive list of our interest groups, where and when they meet plus news about visits and holidays arranged by members for members.

Should you require any further information about Lindsey u3a please do not hesitate to contact me - Mandy Murphy - Chairman. Email: mandy.murphy1396@gmail.com Tel: 01673 565295

Welton Village Library Book Review

Hostage

By Claire Mackintosh



What would you do if you were a flight attendant like Mina on a plane with hundreds of people and you found out that if you didn't agree to terrorist demands your young child would be in danger?

This is a rip roaring thriller that moves along at a pace with many twists and turns, just who can be trusted both on the plane and on the ground? The author keeps you on the edge of your seat, what part does her policeman husband have in this, what is his mysterious secret? Then we have the various passengers on the plane, will all those intent on taking control reveal themselves?

I can't really say any more as it might ruin the plot for you but if you like a book full of dilemmas with various flawed characters having things in their past or even currently that come to influence their actions then this is the book for you.

There is a copy on the shelves at Welton as I write this, come along and see if it is still there, if not then we can reserve a copy for you.

Enjoy your reading

Mike - Welton Library Volunteer

WELTON PATIENT AND DOCTORS ASSOCIATION

Thank you to everyone who donated plants for PDA plant sale on Sunday 7th May. Scothern Garden Centre, Rudies Roots at Nettleham and Tower Nurseries at Hemswell Cliff. Also, to all patients and friends of the PDA who donated plants to us. The final total for sales on the day was £339.79 and there will be more to add when the left-over plants are sold.

The Spring lunch held on Friday 28th April was a great success. Thanks to everyone who attended (80 tickets were sold) Also thanks to those who donated raffle prizes or made cakes/bread and to Welton Chippy for the potatoes and of course, thanks to everyone who helped on the day. Many favourable comments were received and the general consensus of diners and waiting staff was that the new table layout gave much more space for everyone to move about. The final proceeds for PDA funds were £672.84 after deduction of food cost and village hall hire charge. I am already being asked about the Christmas lunch!

We hope to be at future Farmers Markets, possibly in August, so please call by and say hello.

We will be holding a BIG Christmas Raffle again this year which will be drawn in late December. If anyone has a business or has contacts with a business who would be willing to offer a prize for this raffle, please let me know. The tickets will be printed in mid-June and the donors of the top 3 prizes will be named on the tickets to acknowledge their kind donation (free publicity!) The raffle last year raised £2529 which was a fantastic amount which I would like to exceed this year!

Facebook Market Place and eBay continue to provide a steady flow of cash to the PDA bank account. Thanks to everyone who has donated items to sell.

Any further information on any of the above don't hesitate to give me a call on 01673 862570.

Janet Goddard

WELTON VILLAGE LIBRARY AND COMMUNITY HUB

Based at Manor Park, Hackthorn Road Welton LN2 3PA

Our opening hours are Monday: 12noon to 5pm, Tuesday: 9:30am to 2:30pm, Wednesday & Saturday: 10am to 12 noon

A quick check of the calendar reveals no bank holidays this month to disrupt our usual opening hours so it is more straightforward than May for anyone starting to plan their reading for the beach or a few days away. It is always worth remembering that in addition to traditional books library members can borrow e-books and e-audio books to download to a tablet or phone for use whilst they are away.

Our ever popular book sale returns on Saturday 3Rd June between 10am and 12 noon, the usual bargains, paperbacks just 20p, hardbacks 50p.

We have a community hub talk on Tuesday 13th June at 3pm (please note the later time) when local author Joy Wood will join us for her talk 'From Bedpan to Pen', where she will describe the transition she has made from nurse to author. Joy has written seven books to date which have had reviewers commenting that they are real page turners with mystery, intrigue and many a plot twist. It is always interesting to hear how authors come up with their plots and Joy's journey from the NHS to author will no doubt only add to this. As always everyone is welcome with free admittance and a retiring collection for hub funds for anyone then wishing to contribute.

Do also look out on our Facebook and Instagram pages for our plans for this year's Summer Reading Challenge, we will be having at least one event ahead of the official launch in July. For those of you unaware this is a scheme aimed at encouraging children aged 4-11 to read books during the school holidays.

Mike Hubbert - Library Volunteer Coordinator

BISHOP NORTON WEDNESDAY LUNCHES

Two course home-cooked meal with tea or coffee served in the village hall at 12 Noon
£5.00 PER PERSON

The next date for lunch is 14th of June

EVERYONE WELCOME!

Please ring at least four days in advance if you are **NOT** attending

Karen 01673 818798



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THOUGHT FOR THE MONTH

According to Psychologists, there are four types of Intelligence:

- 1) Intelligence Quotient (IQ)
- 2) Emotional Quotient (EQ)
- 3) Social Quotient (SQ)
- 4) Adversity Quotient (AQ)

1. **Intelligence Quotient (IQ):** this is the measure of your level of comprehension. You need IQ to solve maths, memorise things, and recall lessons.

2. **Emotional Quotient (EQ):** this is the measure of your ability to maintain peace with others, keep to time, be responsible, be honest, respect boundaries, be humble, genuine and considerate.

3. **Social Quotient (SQ):** this is the measure of your ability to build a network of friends and maintain it over a long period of time.

People that have higher EQ and SQ tend to go further in life than those with a high IQ but low EQ and SQ. Most schools capitalise on improving IQ levels while EQ and SQ are played down.

A man of high IQ can end up being employed by a man of high EQ and SQ even though he has an average IQ.

Your EQ represents your Character, while your SQ represents your Charisma. Give in to habits that will improve these three Qs, especially your EQ and SQ.

Now there is a 4th one, a new paradigm:

4. **The Adversity Quotient (AQ):** The measure of your ability to go through a rough patch in life, and come out of it without losing your mind.

When faced with troubles, AQ determines who will give up, who will abandon their family, and who will consider suicide.

Parents please expose your children to other areas of life than just Academics. They should adore manual labour (never use work as a form of punishment), Sports and Arts.

Develop their IQ, as well as their EQ, SQ and AQ. They should become multifaceted human beings able to do things independently of their parents.

Finally, do not prepare the road for your children. Prepare your children for the road.

SUCCESS

He has achieved success who has lived well, laughed often and loved much; who has gained the respect of intelligent men and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty or failed to express it; who has always looked for the best in others and given the best he had; whose life was an inspiration; whose memory a benediction.

Bessie A. Stanley 1905

LOCAL BUS TIMETABLE

Waddingham - Lincoln Wednesdays Only		Lincoln - Waddingham Wednesdays Only	
162 operated by Stagecoach		162 operated by Stagecoach	
Waddingham, adj Marquis Of Granby PH	09:30	Lincoln Central Bus Station (Bay N)	13:30
Snitterby, opp Royal Oak Inn	09:33	Ermine West, adj Ruckland Avenue	13:37
Bishop Norton, opp St Peter's Church	09:38	Hackthorn, adj War Memorial	13:55
Glenthams, opp The Old Parsonage	09:43	Spridlington, opp Bus Shelter	14:03
Normanby by Spital, opp Church	09:48	Owmby by Spital, opp Surgery	14:10
Owmby by Spital, adj Surgery	09:52	Normanby by Spital, adj Church	14:12
Spridlington, at Bus Shelter	09:57	Glenthams, adj The Old Parsonage	14:17
Hackthorn, opp War Memorial	10:05	Bishop Norton, adj St Peter's Church	14:22
Ermine West, opp Ruckland Avenue	10:18	Snitterby, adj Royal Oak Inn	14:27
Lincoln Central Bus Station (Bay N)	10:30	Waddingham, opp Marquis Of Granby PH	14:30

POST OFFICE OPENING TIMES

Glenthams	Monday	09:00 - 11:30
	Thursday	14:00 - 16:00
Normanby & Owmby 01673 878353	Monday - Friday	07:30 - 19:30
	Saturday	08:30 - 19:30
	Sunday	09:00 - 16:00

MOBILE LIBRARY

Normanby by Spital	Council Houses	12:15 - 12:45	Wednesday June 21st
Hackthorn	School	15:30 - 16:00	Wednesday June 28th

Full details, enquiries and renewals: 01522 782010

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owmbygroup.co.uk

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Tel: 07710 641089 / Email: sj.wheatley@btinternet.com

USEFUL TELEPHONE NUMBERS

Adviceline Lincolnshire	08444 111444	Doctors	
Alcoholics Anonymous	01159 417100	Ingham	01522 730269
Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
Charities		Dispensary	01673 840254
Age Concern	01507 524798	Welton	01673 862232
Help the Aged	0808 8006565		
Royal British Legion	01673 860904	Environment Agency	0800 807060
Samaritans	08457 909090		
Alzheimer's Society	01522 692681	Hospitals	
WL Dementia Support	01427 613033	Lincoln	01522 512512
County & District Councils		Gainsborough	01427 816500
LCC	01522 782070	Louth	01507 600100
WLDC	01427 676676		
		Market Rasen Mail	01673 844644
Call Connect Bus	03452 343344	NHS Direct	08 45 46 47
Crimestoppers	0800 555111		

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2/3 A5 page (122 mm x 122 mm)	£28.00
Full A5 page (122 mm x 184 mm)	£42.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

CONTRIBUTORS - PLEASE NOTE

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

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Contact Steve Harvey at signpost@owmygroup.co.uk for more details.

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the news section of the website. Send an email to signpost@owmygroup.co.uk with all the details.

LOCAL CONTACTS

Rural Dean	Revd Canon Penny Green - penny.green14@virginmedia.com	01522 595596
Rural Dean	Revd Adam Watson - watson adam3@sky.com	01673 565244

OWMBY GROUP CONTACTS

Safeguarding Officer	Shirley Keyes - shirley.keyes@outlook.com	07919 519308
Weddings, Funerals and Graveyard Enquiries	Lawres Deanery Administrator - admin@lawres.org	01522 931076
Baptism Enquiries	Mrs Anne Hunter - annehunter.brindle@btpopenworld.com	01673 861276
Ministry Team	Anne Hunter - 01673 861276, Liz Harris - 01673 878829, Rosemary Cox - 07825 082604, John Beverley - johnbevster@gmail.com - 01522 730752	

Pastoral Team: for home and hospital visits, visiting in bereavement, home communion and prayer please contact any of the above. Your call will be treated in confidence.

CHURCHWARDENS

Glenthams	Pat Beat	01673 878260
	Robert Rowe	01673 878717
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	Anne Ward - rosecottagehackthorn@gmail.com	01673 861821
Owmby	Liz Harris - lizziejharris@outlook.com	01673 878829
Saxby		
Spridlington	Claire Marris - cemarris@gmail.com	01673 861127

GLENTHAM METHODIST CONTACTS

Minister	Rev. Heather Wilson	01673 843362
Senior Steward	Trevor Faulkner	01673 818718

VILLAGE HALLS - BOOKING & INFORMATION

Glenthams	Gill Doyle - mart.gill1@btinternet.com	07920 052392
Hackthorn	Bonnie Burzynska-Burrin - bonnie@watch-clock-repairs.co.uk	01673 860920
Normanby-by-Spital	Jaqui Clinch or Lynda Watson	01673 878216
Spridlington	Deborah Kealey - debk5903@gmail.com	01673 860283

PARISH COUNCIL CLERKS

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