

# SIGNPOST

The Owmby Group of Parishes Magazine

Volume 28

September 2019

Issue 6

## OWMBY GROUP SERVICE ST HILARY'S SPRIDLINGTON 11am on Sunday September 29th

**Guest Speaker: Teena Twelves. Lincoln Street Pastors**

We are delighted that Teena, the Lincoln Co-ordinator is joining us.

Come and find out about the valuable work the Street Pastors do in caring for the vulnerable in our society.

### LINCOLNSHIRE HERITAGE OPEN DAYS 2019



The Lincolnshire Heritage Open Days event happens again in September. Each year the Heritage Open Days festival celebrates the county's architecture and culture by allowing visitors free access to interesting properties that are not usually open or would normally charge an entrance fee.

Again this year **Saxonhouse** (East Firsby) opens as part of that festival on Friday 13th and Sunday 15th of September between 12.15pm and 4.30pm. During those afternoons, there are also two talks scheduled for 12.30pm and 3pm. **Booking is required.**

**Saxonhouse** is a centre for exploring the life and culture of the early medieval period. Featuring an archaeologically accurate reconstruction of a Saxon craftsman's home, the site lets you step back into the day-to-day existence of a Saxon family.

If you would like to attend, please contact us on 01673 878636 or email Jude on judith@saxonhouse.co.uk - you can also visit the website at [www.saxonhouse.co.uk](http://www.saxonhouse.co.uk)

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## LETTER FROM THE MINISTRY TEAM

Years ago we found a church with a cool vicar. Over a cup of coffee he kept on about his Contemplative Prayer Group



So I thought I'd give it a go. He'd give us a verse of scripture and then we'd ... contemplate!

Even worse I couldn't concentrate.  
"How are Manchester United doing?" I'd wonder



Or I'd be thinking about work or home or stuff. But I didn't want to hurt vicar's feelings by saying, "This isn't for me."

Sitting upright for 15 minutes we'd "take the verse into our mind." Then we'd ... contemplate for another 15 minutes taking it into our hearts! I couldn't tell what the difference between taking it into head or heart was.



The verse would be different every month. Just one was "I have called you by name and you are precious in my sight.,," from the book of Isaiah.

I kept this up for several months. Until one morning I realised God had crept up on me. I actually knew physically, in my gut, something new.



It was that I WAS PRECIOUS IN GOD'S SIGHT AND HE LOVED ME! ***an ALMIGHTY CUDDLE!***

***The moral of that story? If you want God to do stuff you have to spend time in His presence. Then He creeps up on you and gives you an ALMIGHTY CUDDLE!***

John Beverley and Finley Blundell (age 11)

<b>REGULAR CHURCH SERVICES</b>				
<b>Wednesday</b>	8.30 am	Morning Prayer	Spridlington	
<b>Friday</b>	4.30 pm	Evening Prayer	Spridlington	
<b>CHURCH SERVICES</b>				
<b>Sunday 1st</b>	9.30 am	Holy Communion	Glentham	ST
<i>11th after Trinity</i>	11.00 am	Holy Communion	Spridlington	ST
	6.00 pm	Evening Prayer	Owmby	ST
<b>Sunday 8th</b>	9.30 am	Holy Communion	Saxby	ST
<i>12th after Trinity</i>	11.00 am	Morning Prayer	Hackthorn	ST
<b>Sunday 15th</b>	8.30 am	Holy Communion	Spridlington	ST
<i>13th after Trinity</i>	9.30 am	Holy Communion	Owmby	BW
	6.00 pm	Evening Prayer	Glentham	ST
<b>Sunday 22nd</b>	9.30 am	Holy Communion	Hackthorn	JH
<i>14th after Trinity</i>	11.00 am	Harvest Festival	Owmby	ST
<b>Sunday 29th</b>	11.00 am	Group Service	Spridlington	ST
<i>Michael &amp; All Angels</i>				
<i>15th after Trinity</i>				

<b>GLENTHAM METHODIST CHAPEL</b>		
<b>Sunday 1st</b>	10.45 am	Rev Liz Childs
<b>Sunday 8th</b>	10.45 am	Circuit Service at Middle Rasen
<b>Sunday 15th</b>	10.45 pm	Messy Church
<b>Sunday 22nd</b>	8.45 am	Breakfast - 9.30 Service Rev Heather Wilson

### FROM THE REGISTERS

We welcome into the family of the Church by baptism

Silas Henry Giles at Hackthorn on 21st July

Sienna Rose Brook Fieldsend at Hackthorn on 10th August



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**Golden Charter**

Later Life Planning



The latest time for entries to the October Signpost  
is Sunday the 15th of September at 6:00 p.m.



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## HACKTHORN & COLD HANWORTH

# Hackthorn Hall

**GARDENS OPEN**

Sunday 1st September

**1 - 5pm**

**£4.00 per person**

Under 14's Free



Afternoon Tea's served in Hackthorn Village Hall

Fresh flowers & produce for sale in the Kitchen Gardens

Proceeds to St. Michael & All Angels Church Hackthorn

Hackthorn is 7 miles north of Lincoln off the A15  
For further details contact the Estate Office on 01673 860 423

[www.hackthorn.com](http://www.hackthorn.com)

### MOBILE LIBRARY

Normanby by Spital	Council Houses	12:00 - 12:30	Wednesdays Sept 25 Oct 23 Nov 20
Hackthorn	School	13:30 - 14:30	
<b>Full details, enquiries and renewals: 01522 782010</b>			

## HACKTHORN C. OF E. PRIMARY SCHOOL

After weeks of trying to ignore all those 'Back to School' posters in the shops, the time is almost upon us to get back into gear and kickstart the new academic year.

Just before all that happens we would like to thank our departing Year 6 for the apple tree which they presented to us to nurture, this will also serve as a reminder of the very special leavers' service they gave us - there seemed to be even more tears than usual this year!

We tend to be very fortunate at Hackthorn as our happy band of learners seem to relish the prospect of a new academic year and we are always impressed with how quickly everyone assumes the mantle of new seniority which September brings.

As we approach the new school year, we always find it useful to reflect on what we have learned, experienced and achieved in the academic year just gone, so in time honoured tradition we have posted a handy slideshow on the website, just to give everyone an idea of how many opportunities can be provided by even the smallest of schools. This will also give a handy reference to those of you who are considering where might be the best place to send your youngsters who are going to be ready to embark on that great educational journey in September 2020.

With that in mind, we shall be organising some of our popular activity days soon to give you an opportunity to see our school in action and allow your child to experience what we have to offer at first hand.

Don't forget to make a date for the 'Hackthorn School Car Treasure Hunt' (which will take place around the local area. This is due to be held on Saturday 28th Sept at 2pm tickets available from Welton Paper Shop.

Contact the school on 01673 860295 to arrange a visit or to request a School Brochure, or have a look around our website at [www.hackthorn.lincs.sch.uk](http://www.hackthorn.lincs.sch.uk)

## Hackthorn Gardening Club

Hackthorn Village Hall

**Wednesday September 25th at 7:30pm**



### ANNUAL GENERAL MEETING

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## HACKTHORN & COLD HANWORTH LOCAL HISTORY GROUP

### Hackthorn Village Hall

Thursday 3rd October 2019 at 7:00 pm  
**ANNUAL GENERAL MEETING**

Thursday 24th October 2019 at 7:00 pm

### **OPEN MEETING**

**Sue Allan**

Famous as author of the Mayflower Maid Trilogy  
and for her knowledge of the Pilgrim Fathers' Journey  
is to return to talk about  
"The Mayflower Women"

Entrance is £2.00 to include refreshments

**EVERYONE WELCOME**

View the History Group website at [www.hackthornhistorygroup.org.uk](http://www.hackthornhistorygroup.org.uk)

## HACKTHORN AND COLD HANWORTH SOCIAL CLUB

wishes to extend a warm welcome to all  
and invite you to our

# OPEN EVENING

An opportunity to meet your fellow villagers  
and see what your local Social Club has to offer

**Please join us 20th September  
Bar opening from 6pm**

and lite bites to be provided

***Your club needs your support!***

# SPRIDLINGTON

## St HILARY'S COFFEE MORNING

Wednesday 25th September at 10:30 a.m.

Come and join us at the Church  
for coffee and a chat

Raffle, bring-and-buy stall

Proceeds for St Hilary's Church Funds

Do come along, you will be very welcome!



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# NORMANBY & OWMBY

## NORMANBY-BY-SPITAL PARISH COUNCIL NEWS

At the Parish Council meeting held on 14th August, 9 members of the public attended, along with District Councillor Jeff Summers, County Councillor Lewis Strange and the Clerk. All Parish Councillors attended.

After a very lively public speaking time, the interviews and voting took place to elect a Councillor to fill the vacancy. A split vote resulted, with the Chair having the casting vote. David Barton-Smith was co-opted back onto the Council.

DC Summers was asked what progress had been made regarding recycling food waste. He said that WLDC were still trying to work out the most economical way to collect the food waste and that trials at North Kesteven, for over a year seem to be working.

CC Strange reported that LCC are working on the Fairer Funding for rural areas, and that LCC remains solvent.

The Police report had been circulated but it was agreed to ask if the date of when crimes were committed could be added as we only get the report every 2 to 3 months.

The kerb between the B&G and the Post Office still needs repairing and the drains taking the surface water down Private Lane seem to be blocked or broken between Wayfarers and Lindum House, also to report and ask for the road, at the junction of Front Street and Normanby Cliff to be repaired due to subsidence. CC Strange request a copy of these problems be sent to him, so he can give more support to rectify these problems.

Finances were approved and while there were no outstanding planning applications, Cllrs were disappointed that Lucaya had been refused.

It was agreed that the name of the field should remain as Owmy and Normanby Community Park, but make sure it states "donated by the Marshall family" somewhere.

Reports from the CPC and the NP had been received and circulated.

Noted two new dog bins at been placed by the foot entrance to the field and the main gate and while not mentioned or minuted at the meeting - the footpath in the cemetery is due to be repaired on Monday 9th September.

Nadine Fox (Clerk)

## COFFEE MORNING

Thursday 5th September at 10:30 a.m.

Owmy Church



Bring & Buy stall including Cakes. Raffle. Everyone welcome  
Proceeds to Ss. Peter & Paul Church funds

### Normanby Autumn Litter Pick

The village litter pick is going ahead as planned on **Sunday 22nd September at 2pm**, but this time will be led by Ruth Elliott who has kindly volunteered for the task. However, if you wish to take part you can still contact Linda Houtby (878493) who will pass all details and equipment to Ruth.

# Summer Fete

Sunday 8th September 2019

On the Community field, Normanby Road, Owmby

12.00 Gates open

12.30 Children's races \*

2.30 Fun Dog Show \*

3.45 Tug-of-War (enter on the day)

Lincolnshire Fryer Fish & Chips

Dennett's Ice Cream

WI Tea Tent

Side shows, raffles and other attractions

Craft & Produce sale tables available for £5/table

Must be booked in advance

Isabelle Brooke of 01673 878133 / [isabelle@brookeassociates.co.uk](mailto:isabelle@brookeassociates.co.uk)

\* Further details to be posted on the community Facebook page

## 'The Bottle & Glass' at Normanby Men's Breakfast

Saturday 14th September at 9:00am



An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Peter Atkinson on 01673 878806 to reserve a place



### LATEST WHIST DRIVE RESULTS



<b>1st Lady</b>	Lois Green	<b>2nd Lady</b>	Christine Taylor
<b>1st Gent</b>	Brian Taylor	<b>2nd Gent</b>	Neville James
<b>Low Score</b>	June Kettlewell Brian Jois	<b>Near Score</b>	Brian Jois Christine Taylor
<b>Miniature</b>	Janet Andrew Neville James	<b>Raffle</b>	Christine Taylor Ken Green

On Wednesday 4th September we will be at the home of Richard Harrison

Saxown, Owmby by Spital. We start at 7:30 p.m.

If you would like to join us, please contact 01673 878525. You would be most welcome.

### OWMBY PCC MONTHLY DRAW

1st	2nd	3rd
Janet Andrew	Andrew Hall	Michael Harrison



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# GLENTHAM & CAENBY

## Glenham Village Hall COFFEE MORNINGS

**Wednesdays 10:00 - 11:30 a.m.**

**September 4th, 11th, 18th & 25th**

All welcome

Proceeds to Village Hall Funds



## Owmby, Normanby & District WI Glenham Village Hall

Thursday, 12th September at 7:30pm

### Flowers for the Table - Spotted Dog Company

Hands on session creating hand-tied arrangements. Cost will be approximately £5-7 per head.

**Competition: A handcrafted or painted flower.**

We look forward to seeing you all.

NEW MEMBERS & VISITORS ALWAYS WELCOME

## KNIT & KNATTER



Tuesdays 3rd & 17th September 2:00p.m. - 4:00p.m.

Glenham Village Hall

Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. £1.50 per week



**Everyone Welcome**

## GLENTHAM & CAENBY TAPESTRY GROUP

The next group meeting will be on

Tuesday 3rd September at 7.30 p.m.

Trap House, Glenham

All old and new members are welcome.

## PRESENCE PRAYER AND BIBLE STUDY GROUP

*Inter-denominational - Praying for our Communities*

Thursdays 12 & 26th of September at 7:00 p.m.

at Tilsit, Bishop Norton Road, Glenham.

Contact Jenny or Peter on 01673 878806



Ladies, please join us at 'The Willows', Glentham for coffee, tea, toast, cakes, friendship & informal discussion about some of the big questions in life.

Saturdays at 9.30am

21st September

19th October

16th November

For more information contact:

Janet - 01673 818718

Jenny - 01673 878806

Organised by members of  
Glentham Methodist Church



## Owmby, Normanby & District WI

Over the past six months, members of Owmby, Normanby & District WI have enjoyed a taster session of Tai Chi, a spine chilling talk about the legendary ghosts of London Tower, and a fascinating social history talk spun around the common thread of the role of quilting in women's lives. There was a thought-provoking trip to the Bomber Command memorial and an entertaining evening of 'Crazy Whist' with a Fish & Chip supper, and you missed it all!

There's so much more to today's WI than jam and Jerusalem! Come and join us and see for yourself. Non-members may attend up to three meetings as a guest.

Phone Sara Carter on 07768 700038 or Isabelle Brooke on 07765 404110.

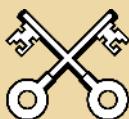
### St Peter's Guild

## COFFEE MORNING

Tuesday 17th September at 10:30 a.m.

Dolphin House, Caenby

by kind invitation of Bernadette Chapman



The proceeds will be in aid of Glentham Chapel

All Welcome

**SUNDAY 29 SEPTEMBER 2:00pm to 4:00pm**

Glentham Village Hall

## EMERGENCY SERVICES DAY

Come and meet our emergency service personnel & equipment

**Fire Engine, Ambulance, Police Vehicle**

Children's Fancy Dress Competition - Emergency Services Theme

CPR & Basic First Aid Demonstration

Hook a Duck, Tin Can Alley, Face Painting

Refreshments, Cakes & Children's Party Bags available

See Glentham Village Hall Facebook Page for further details

[fb.com/GlenthamVHC](https://www.facebook.com/GlenthamVHC)



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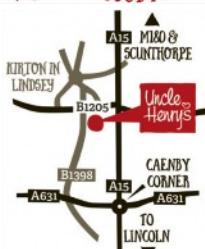
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# Starstruck\*

SCHOOL OF DANCE

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Ingham Village Hall

The Green, Ingham, LN1 2XT

CHILDREN ACCEPTED FROM THE AGE OF 3 ONWARDS

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ANNUAL SHOWS AND IDTA EXAM SESSIONS

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## **WELTON VILLAGE LIBRARY AND COMMUNITY HUB**

The past month has been a busy one for us with the successful Summer reading Challenge and Storytime for children. Our trial of Saturday opening in the month also showed some promising use, however; as the library is based in Manor Park and is a shared resource with other village organisations there are a number of considerations to be made before permanent changes to the hours can be made. Therefore the results of Saturday mornings are currently being evaluated along with our present opening hours to see how we can provide the most convenient service to the community. **For this reason please note that Saturday opening will not initially be continued beyond the end of August.**

We hope to bring clarification of any agreed changes in the next edition of this newsletter, in the meantime shall be pleased to receive any comments from those who use the service or perhaps haven't able to but would like to if changes to hours or additional opening were possible. **Comments on our opening hours will be welcome in writing** via the Welton Parish Office, 7 Lincoln Road, Welton LN2 3HZ or electronically through our Facebook page @WeltonVillageLibrary or by email to [weltonpc@tiscali.co.uk](mailto:weltonpc@tiscali.co.uk) preferably **by 16th September** please.

We will be recommencing our ever popular Community Hub talks on Tuesday 24th September at 2pm with what sounds a rather intriguing subject; Medieval Church Graffiti. This will be given by Brian Porter of the Lincoln Archaeology Group and will cover the sometimes surprising and mysterious examples found. You are most welcome to join us from 1pm as we are also combining this with our MacMillan Coffee Event, there will be delicious cakes and drinks available with donations received for that very good cause. Both attractions are open to all whether a library member or not, we hope to see as many of you as possible at one or both events.

Mike Hubbert  
Library Volunteer Coordinator

### **BISHOP NORTON WEDNESDAY LUNCHES**

Two course home cooked meals with tea or coffee served in the village hall at 12 Noon  
£5.00 PER PERSON

**11th September, 9th October & 13th November**

**EVERYONE WELCOME!**

Please ring at least two days before to book your place

Karen 01673 818798

### **The Royal British Legion Welton & District**



The next meeting of The Welton & District Branch of the Royal British Legion is on **2nd September** at **The Bottle & Glass, Scothern** at 7.15 p.m.  
It would be great to see familiar faces, but we would also welcome new members.

### **BISHOP NORTON FUN QUIZ NIGHT**

**Friday 20th September 7.30pm start**

Teams of up to 6 people

£4.00 per person to include supper - bring your own drinks  
(please let us know about dietary requirements)

To book a team please ring Karen 818798 or Mick 818135

## WELTON FAMILY HEALTH CENTRE NEWS

### \*\*\* 'FLU CLINICS \*\*\*

For the 19/20 'flu season and for those that are eligible and fall into one of the 'at-risk' categories, NHS England have advised the use of two vaccines - one for those aged 65+ and one for under 65's. To ensure a safe and accurate system and so that we are able to allocate one vaccine for all those eligible, we will be organising our weekend 'flu clinics in the following ways:

This year's weekend 'flu clinics will be:

SATURDAY 14th SEPTEMBER 2019: PRE-BOOKED CLINIC - FOR 65 years and over

SATURDAY 28TH SEPTEMBER 2019: PRE-BOOKED CLINIC - FOR 65 years and under

SATURDAY 5th OCTOBER 2019: PRE-BOOKED CLINIC - for 16 years and over

SUNDAY 6th OCTOBER 2019: PRE-BOOKED CLINIC - for 16 years and over

HALF TERM WEEK (21st - 25th OCTOBER 2019) - PRE-BOOKED CLINICS ages 2, 3 and 4 year olds that aren't at school.

These clinics will all be PRE-BOOKED - please contact reception for an appointment. If you are attending the surgery for another appointment, please let the clinician know and they will organise the 'flu vaccine for you at the same time.

CARERS - If you are the main carer of an elderly or disabled person, whose welfare may be at risk if you fall ill OR you are in receipt of carer's allowance you will be entitled to a free 'flu vaccine. Please let our reception team know so they can add you to our carer's register in preparation for 'flu season.

**DID NOT ATTEND (DNA)** - In July, 97% of patients attended the surgery for their appointments. We would like to thank these patients for attending or those that cancelled appointments they were unable to make so that slot could be used by another patient.

If you would like to be able to receive booking confirmations and text message reminders for appointments, please see Reception to sign up to this facility.

**SIGNPOSTING UPDATE** - Our staff have been working hard to try and book patients in with the most appropriate person for their condition and are also able to direct patients to third parties such as NHS counselling services, self-help groups and pharmacies. This enables those that need to be seen by a clinician in the practice sooner. When looking at the acute-illness clinic, we have now started to advertise the number of slots we have available each day. Please would all patients note that in the acute illness clinic, the slots are 10 minutes for one patient and one problem only.

**TELEPHONING THE PRACTICE** - We have noticed an increase in the number of patients telephoning the practice when the phone lines open for routine / non-appointment requests (e.g. test results, to order repeat prescriptions). Where possible we would be grateful if these calls could be made after 9.30am to allow patients to get through to book appointments.

**IMPROVED ACCESS APPOINTMENTS** - Many of our patients have made use of the 'extended access' appointments which have been available during evenings (6.30pm - 8pm) and weekends (Saturday and Sunday - 1.5 hours each day) through the IMP Federation. From September this provision will be improved and will increase to three hours each on a Saturday and Sunday morning. Appointments may be available at other practices within the Federation for those patients that are willing to travel.

**NEW RECEPTIONISTS** - We have some new receptionists that have started at the surgery this month and are undergoing training. Please bear with the staff while they are trying to train / learn. We have had a few incidents of rude / abusive behaviour and this will not be tolerated.

**NEW RECYCLING SERVICE** - We are now starting to collect inhalers for recycling. Please leave your used or unwanted inhalers at Dispensary and we will dispose of them for you.

**STAFF TRAINING** - The surgery will be closed for staff training from **1pm on Tuesday 17th September 2019 until 8am on Wednesday 18th September 2019**. Please could we ask that you order any medication with as much notice as possible to enable us to meet the tight deadlines that we face. A minimum of two working days' notice is required please. For those that don't already use the service, we have facilities to order your medication online at any time, please see Dispensary for more details.

Nadina Prestedge - Practice Manager

**The latest time for entries to the October Signpost  
is Sunday the 15th of September at 6:00 p.m.**

## WELTON PATIENT AND DOCTORS ASSOCIATION

We are now very busy planning the Autumn Fayre which is to be held on Saturday 26th October in Welton village hall. Tables can be hired for £10 by anyone wanting to sell their own goods. We can't accept anyone selling cakes as we have our own cake stall but anything else if you would like to reserve a table please contact either Chris Jackson 860835 or myself 862570. We have already had enquiries for several tables so don't leave it too long!

Raffle tickets are now for sale with all drivers, the h/s dispensary, Welton paper shop and the Welton pet food store. We will also be selling tickets at the 'flu clinics on Saturdays 14th and 28th Sept 9am to 11.30am, Sat 5th and Sun 6th October 08.30am to 11.30am. Please come along and say hello and buy a book of tickets. Once again my band of helpers are giving up their weekend time so please give us your support. Incidentally the total value of the top 4 prizes is £990 thanks to some very generous people.

For the stalls we are looking for bottles of anything not necessarily alcohol and items made of glass. We will also need tombola items for both adult and children's tombola. Donations can be left at the health centre reception for my attention or I can collect if that is more convenient. Thank you to those of you who have already contributed.

This year we are going to try a Bring and Buy stall. For those of you who don't know or remember what this is, you take something along to sell (usually groceries or toiletries etc.) and then buy something from the stall which someone else has donated. I hope I've made that clear?

My final appeal this month is for cooking apples. Yes you read that correctly! Planning ahead for the spring lunch when we serve apple crumble as a dessert choice we freeze apples in advance. It seems that there is a general shortage of apples this year so if anyone has any to spare please consider donating them to us. Plums or pears would be equally acceptable. Thank you in advance!

### Dates for 2019

Autumn Fayre - 26th October

Christmas Lunch - 6th December

If you require any further information on any of the above don't hesitate to give me a call (862570).

Janet Goddard



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Dr M M Sultan

The Ingham Practice, Lincoln Road, Ingham, LINCOLN LN1 2XF

Telephone: (01522) 730269 Fax: (01522) 730192

[www.theinghampractice.co.uk](http://www.theinghampractice.co.uk)

## **BOOKABLE SEASONAL FLU VACCINATION CLINICS 2019**

**PLEASE TELEPHONE THE PRACTICE ON 01522 730269 TO BOOK YOUR FLU VACCINATION APPOINTMENT DURING THE CLINICS BELOW**

Tuesday 24th September	08.00 - 12.30	14.00 - 18.00
Thursday 26th September	08.00 - 12.30	

Wednesday 2nd October	08.00 - 12.30	14.00 - 17.00
Friday 4th October	09.00 - 13.00	14.00 - 18.00

### **Seasonal Flu Vaccination is Recommended**

- IF YOU ARE AGED 65 AND OVER
- WHATEVER YOUR AGE IF YOU HAVE:
  - A chronic chest complaint, including asthma and COPD
  - Heart Disease
  - Chronic kidney or liver disease
  - Diabetes
  - Lowered immunity due to a disease or treatment such as steroid medication or cancer treatment
  - Chronic Neurological Disease eg Parkinson's Disease, Multiple Sclerosis, Motor Neurone Disease
  - Any other serious medical condition - please check with the doctor if you are unsure.
- OR IF YOU ARE:
  - Pregnant
  - A registered Carer
  - Living in long-stay residential care homes
- Children aged 2-3 years will be sent letters inviting them to book into routine nurse appointment
- Children from Reception through to Year 6 will be vaccinated by the School Vaccination Service

Additional Flu Clinics will be arranged and advertised on the Practice's website.

## Netball's 'Big Summer'

Did you know that netball is the fastest-growing team sport in Britain, with 130,000 women saying they either returned to netball or took it up after the Commonwealth Games when the England Roses team won the Gold medal?

This summer has seen the Netball World Cup held in Liverpool where the England team secured the Bronze medal. I was lucky enough to be there for the last day of matches and saw the Silver Ferns (New Zealand) lift the Gold medal by 1 goal from the Diamonds (Australia) as well as the Roses Bronze medal match against South Africa. Matches were shown on Sky Sports and some on the BBC. There was also a celebrity match played in aid of Sport Relief.

Hopefully, for those of you who followed the teams' progress, it will have whetted your appetite for more - the Vitality Netball Super League matches are shown on Sky Sports during the season, our local team being Loughborough Lightning.

From September, William Farr School, Welton will be home to one of Loughborough Lightning's U15 training academy hubs, coached by Vanessa McErlain-Naylor and Paula Mulligan and local girls who have recently successfully trialled for Loughborough Lightning's U17 training academy include Georgia Charles from Scampton, Alice Lawrence from Welton (William Farr students) and Ruby Hutchinson from Ingham (QE Gainsborough)

If watching netball is not enough and you have been inspired to give it a go - the nearest Club is Lincoln City Netball Club, which is accredited Silver CAPS (Club Action Planning Scheme) run by the newly appointed County head coach, Lizzie Saywell.

Slightly further, but equidistant with regards to travel time (with not having to negotiate heavy traffic on the bypass or frequent trains!) is Brigg and District Netball Club, which is accredited Gold CAPS. Head coach is Vanessa McErlain-Naylor (previous County head coach and now heading up the Aspire Elite Netball Performance Programme - see <http://aspirenetballelite.com/> for further details about this incredible opportunity for girls in the County). Brigg Netball Club accommodates players from all ages and abilities - age 6 - up to Walking Netballers, supporting a number of Junior and Senior County and Regional teams across multiple age groups. Four of Brigg's club coaches are now also coaching in the Loughborough Lightning Performance Pathway with others also coaching in the Aspire Elite Netball Performance Programme.

For further details - contact Vanessa on 07836 598027 or [netball.nes@gmx.com](mailto:netball.nes@gmx.com)



Friggatriskaidekaphobia is the fear of Friday the 13th.

Frigginidiotaphobia is the fear of people that are afraid of a particular Friday.

## **YOUR CHANCE TO JOIN LOCAL DANCERS IN A WORLD RECORD ATTEMPT**

On 17th November the pupils of Starstruck School of Dance will be joining fellow tap dancing enthusiasts around the country in an attempt to smash a current world record and help raise funds for charity, and you could be joining them.

The Ingham based dance school has been participating in the annual event, which aims to break the Guinness World Record for largest tap dance at multiple venues, since 20016. Principal, Natalie Lunt said:

*Our pupils love taking part in this event and raising money for such a good cause. Last year 7,494 tappers took part across the UK and collectively we raised over £36,700 for BBC Children in Need, a tremendous achievement in itself! Unfortunately we fell short of the world record, which currently stands at 7,596, by just 102 people. It was so close! This year Tapathon celebrates its 10th anniversary; I really think it could be THE year that we smash the record, but we need your help!*

The dance school is offering a six week beginners tap dancing course for adults, offering participants the opportunity to learn some basic steps and routines, with the option of participating in Tapathon 2019. Classes will be held on Monday evenings at Aisthorpe Village Hall. A great way keep fit, learn something new, have fun and banish the winter blues! The dance school also offers classes for children. To find out more visit their facebook page @StarstruckLincs or email info@starstrucklincs.co.uk



## **POST OFFICE OPENING TIMES**

<b>Glenham</b>	<b>Monday</b>	<b>09:00 - 11:30</b>
	<b>Thursday</b>	<b>14:00 - 16:00</b>
<b>Normanby &amp; Owmby 01673 878353</b>	<b>Monday - Friday</b>	<b>07:30 - 19:30</b>
	<b>Saturday</b>	<b>08:30 - 19:30</b>
	<b>Sunday</b>	<b>09:00 - 16:00</b>

**Have you visited the new Owmby Group website?**

[owmbygroup.co.uk](http://owmbygroup.co.uk)

**Signpost Online - Including Back Issues**

[owmbygroup.co.uk/signpost](http://owmbygroup.co.uk/signpost)



## **Need an English Tutor?**



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- ✓ **DBS checked.**

**Contact Emma on 01673 878143 / e81pindar@gmail.com**

## USEFUL TELEPHONE NUMBERS

Adviceline Lincolnshire	08444 111444	<b>Doctors</b>	
Alcoholics Anonymous	01159 417100	Ingham	01522 730269
Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
<b>Charities</b>		Dispensary	01673 840254
Age Concern	01507 524798	Welton	01673 862232
Help the Aged	0808 8006565		
Royal British Legion	01673 860904	Environment Agency	0800 807060
Samaritans	08457 909090		
Alzheimer's Society	01522 692681	<b>Hospitals</b>	
WL Dementia Support	01427 613033	Lincoln	01522 512512
<b>County &amp; District Councils</b>		Gainsborough	01427 816500
LCC	01522 782070	Louth	01507 600100
WLDC	01427 676676	Market Rasen Mail	01673 844644
Call Connect Bus	03452 343344	NHS Direct	08 45 46 47
Crimestoppers	0800 555111		

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### **SIGNPOST ADVERTISING RATES**

<u>Size</u>	<u>Per Issue</u>
1/6 A5 page (60 mm x 60 mm)	£6.00
1/3 A5 page (60 mm x 122 mm)	£12.00
2/3 A5 page (122 mm x 122 mm)	£24.00
Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

### **FLYER DELIVERY WITH SIGNPOST**

Delivery of flyers with Signpost is £25.00.

Printed flyers must be delivered to our distributor by the 18th of the month.

### **CONTRIBUTORS - PLEASE NOTE**

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

### **LOCAL CONTACTS**

Rural Dean	Revd Richard Crossland	01522 754752
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### **OWMBY GROUP MINISTRY TEAM**

Contacts for ministry matters e.g. baptisms, weddings, service arrangements, home visits etc.  
Email addresses can be found at <http://owmbygroup.co.uk/contacts.html>

Parish Priest	Revd Sally Turnbull	07549 522494
Local Priest	Revd Bill Williams	01522 730365
Reader	John Beverley	01522 730752
Authorised Local Ministers	Anne Hunter - 01673 861276, Liz Harris - 01673 878829, Rosemary Cox - 01673 878258	

Pastoral Team: for home and hospital visits, visiting in bereavement, home communion and prayer please contact any of the above. Your call will be treated in confidence.

For wedding enquiries, funerals and all churchyard matters, such as reserving a grave space, grave headstones please contact the Deanery Administrator, Shirley Keyes on 01522 931076

### **CHURCHWARDENS**

Glenham	Pat Beat	01673 878260
	Robert Rowe	01673 878717
Hackthorn	Cathy Andrews	01673 861058
	Anne Ward	01673 861821
Owmby	Liz Harris	01673 878829
Saxby	Rosemary Cox	01673 878258
Spridlington	Claire Marris	01673 861127

### **GLENTHAM METHODIST CONTACTS**

Minister	Rev. Heather Wilson	01673 843362
Senior Steward	Trevor Faulkner	01673 818718
Steward	Peter Atkinson	01673 878806

### **VILLAGE HALLS - BOOKING & INFORMATION**

Glenham	Gill Doyle	07920 052392
Hackthorn	Bonnie Burzynska-Burrin	01673 860920
Normanby-by-Spital	Jaqui Clinch or Lynda Watson	01673 878216
Spridlington	Deborah Kealey	01673 860283

### **PARISH COUNCIL CLERKS**

Glenham	Helen Pitman	07955 797393
Normanby	Nadine Fox	01673 878148
Owmby	Charlotte Wright	01673 838151
Spridlington / Hackthorn	Maria Wass	01673 861847

### **SIGNPOST TEAM**

Editor & Advertising Manager	Steve Harvey	07835 429439
Treasurer	John Fox	01673 878148
Distribution	Keith and Liz Harris Eileen and David Barton-Smith	01673 878829 01673 876134

# What's On Guide

Day / Date	Time	Function	Venue
Sun	1	1:00 p.m.	Open Gardens
Tues	3	2:00 p.m.	Knit & Knatter
Tues	3	7:30 p.m.	Glenham & Caenby Tapestry Group
Wed	4	10:00 a.m.	Glenham Village Hall Coffee Morning
Wed	4	7:30 p.m.	Whist Drive
Thurs	5	10:30 a.m.	Ss Peter & Paul Coffee Morning
Sun	8	12:00 noon	Summer Fete
Wed	11	10:00 a.m.	Glenham Village Hall Coffee Morning
Thurs	12	7:00 p.m.	Presence Prayer & Bible Study Group
Thurs	12	7:30 p.m.	Owmby, Normanby & District WI
Sat	14	8:00 p.m.	Ceilidh Barn Dance

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Tues	17	10:30 a.m.	St Peter's Guild Coffee Morning	Dolphin House, Caenby
Tues	17	2:00 p.m.	Knit & Knatter	Glenham Village Hall
Wed	18	10:00 a.m.	Glenham Village Hall Coffee Morning	Glenham Village Hall
Fri	20	6:00 p.m.	H&CH Social Club Open Evening	Hackthorn Village Hall
Sat	21	9:30 a.m.	Sugar & Spice	"The Willows", Glenham
Wed	25	10:00 a.m.	Glenham Village Hall Coffee Morning	Glenham Village Hall
Wed	25	10:30 a.m.	St Hilary's Coffee Morning	St Hilary's Church
Wed	25	7:30 a.m.	Hackthorn Gardening Club AGM	Hackthorn Village Hall
Thurs	26	7:00 p.m.	Presence Prayer & Bible Study Group	Tilsit, Glenham
Sun	29	2:00 p.m.	Emergency Services Day	Glenham Village Hall

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the "Local Info" category in the news section of the website. Send an email to [steve@owmbygroup.co.uk](mailto:steve@owmbygroup.co.uk) with all the details.

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Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor and staff will not check facts or references of submitted materials. As a result we cannot and do not guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

Contact the editor for full terms and conditions of submitted articles and events.

The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.

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